

FREE STATE FIREBIRDS UPDATE

#LetsGoState



FIREBIRDS ATHLETIC
DEPARTMENT
UPDATES

NEWS FROM THE FIREBIRDS NEST

Parents of Free State Student-Athletes, if you haven't already,
please make sure you read the 3rd Edition of the
News from the Firebirds Nest newsletter!



BOYS BASKETBALL CONGRATULATIONS!

Lawrence Free State 71 - Gardner-Edgerton 38

Lawrence Free State 52 - Grandview 50, OT

BOYS SWIM & DIVE CONGRATULATIONS!

Vs. Manhattan, SM East | 2nd Place

200 Yard Medley Relay

Alexander Moore, Dawson Bonnell, Riley Sirimongkhon-Dyck, Max Bates - 2nd Place

200 Yard Medley Relay

Noah Mast, Owen Polson, Jacob Heinz, Jamie King - 5th Place

200 Yard Free | Finn VanDyke - 2nd Place

200 Yard IM

Riley Sirimongkhon-Dyck - 1st Place, Dawson Bonnell - 2nd Place, Max Bates - 5th Place

1 Meter Diving | Michael Leonard - 1st Place, Jack Keathley-Helms - 3rd Place

BOYS SWIM & DIVE CONGRATULATIONS!

Vs. Manhattan, SM East | 2nd Place

100 Yard Fly | Dawson Bonnell - 3rd Place, Jacob Heinz - 5th Place

100 Yard Free | Finn VanDyke - 2nd Place

500 Yard Free | Jacob Heinz - 5th Place

200 Yard Free Relay

Alexander Moore, Max Bates, Jackson Waggoner, Finn VanDyke - 4th Place

100 Yard Backstroke

Max Bates - 1st Place, Alexander Moore - 2nd Place, Noah Mast - 5th Place

BOYS SWIM & DIVE CONGRATULATIONS!

VS. Manhattan, SM East | 2nd Place

100 Yard Breaststroke | Riley Sirimongkhon-Dyck - 1st Place

400 Yard Free Relay

Finn VanDyke, Jacob Heinz, Dawson Bonnell, Riley Sirimongkhon-Dyck - 2nd Place

400 Yard Free Relay

Gabe Clark, Noah Mast, Jackson Rea, Jackson Waggoner - 5th Place

WRESTLING CONGRATULATIONS!

Law Free State 61 - Gardner-Edgerton 18

106 | Nolan Bradley - win by Pin!

113 | Eric Streeter - win by Pin!

120 | Darius Shields - win by Decision!

132 Mady Gray - win by Pin!

138 | Caleb Streeter - win by Pin!

152 | Ben Mellenbruch - win by Major Decision!

160 | Laython Biddle - win by Pin!

170 | Matthew Marcum - win by Pin!

182 | Austin Burenheide - win by Pin!

220 | Alex Allison - win by Pin!

285 | Tai Newhouse - win by Pin!

Law Free State 49 - Olathe East 27

106 | Nolan Bradley - win by Pin!

113 | Eric Streeter - win by Pin!

120 | Ezra Birdshaw - win by Pin!

126 | Darius Shields - win by Decision!

132 | Mady Gray - win by Pin!

138 | Caleb Streeter - win by Pin!

152 | Ben Mellenbruch - win by Pin!

160 | Laython Biddle - win by Major Decision!

FREE STATE
CONGRATULATIONS!

KANSAS STATE HORIZON AWARD WINNER CONGRATULATIONS!

Congratulations to **Mrs. Allyson Gilmore** for being named a State **Horizon Award winner**, an award given by KSDE to second year teachers.

To watch when Mrs. Gilmore found out, please click [here](#).

FREE STATE DEBATE CONGRATULATIONS!

This weekend, the Free State Debate Team competed in a collection of tournaments known as the "Kansas Championship Series," which consists of the...

- Debate Coaches Invitational (DCI), featuring the top 24 *contemporary* style debate teams in Kansas, regardless of KSHSAA classification.
- Kansas Debate Classic (KDC), featuring the top 38 *traditional* style debate teams in Kansas, regardless of KSHSAA classification.
- Sunflower Novice Championships, featuring the Top 100 first-year Debate teams from schools across the state, regardless of KSHSAA classification.

Next weekend, Free State will have six teams competing in the 6A KSHSAA State Championship Tournaments! GOOD LUCK, FIREBIRDS!

FREE STATE DEBATE CONGRATULATIONS!

Debate Coaches Invitational

- Juniors John Marshall and Serena Rupp made it to Finals and finished in 2nd Place, the highest finish in Free State history at the tournament!
- Seniors Jacob Wilkus and Simon Ruland made it to Semifinals and finished in 3rd Place.
- John Marshall was named the tournament's Top Speaker.
- Serena Rupp (4th Place), Jacob Wilkus (5th Place), and Simon Ruland (9th Place) also received individual Speaker awards.
- Coach Kelly Thompson was named the Kansas Debate Coaches Invitational Coach of the Year, as voted on by the other coaches in the State of Kansas. This is his second COY award while at Free State, and fourth overall (tied for the most of any coach in the history of the award).

FREE STATE DEBATE CONGRATULATIONS!

Kansas Debate Classic

- This was Free State's first time competing in this tournament!
- The team of Sophomores Emma Stammeyer and Emma Hefty made it to Finals and finished in 2nd Place.
- The team of Junior Rita Joseph and Sophomore Jake Chun made it to Quarterfinals and finished in 4th Place.
- Rita Joseph (5th Place), Emma Stammeyer (6th Place), and Emma Hefty (8th Place) received individual speaker awards at the tournament.

FREE STATE DEBATE CONGRATULATIONS!

Novice State Tournament

- Free State finished 3rd in overall Team Sweepstakes!
- The team of Freshmen Madi Brosa and Stella Mosier made it all the way to the final round, and finished in 2nd Place.
- The team of Freshmen Connor Brown and Steven Duan made it to the Semifinals, and finished in 3rd Place.
- The team of Freshmen Sophie Racy and Nate Campbell advanced to the Quarterfinals, and finished in 4th Place.
- Connor Brown (4th Place) and Sophie Racy (7th Place) received individual speaker awards at the tournament.

FREE STATE DEBATE CONGRATULATIONS!



Rita, Jake, Emma, and Emma

FREE STATE DEBATE CONGRATULATIONS!



Jacob and Simon



Serena and John



Madi and Stella

JANUARY BIRTHDAY
SHOUTOUTS!

JANUARY BIRTHDAY SHOUTOUTS!

Karen Gipson | January 13th

Scott Ireland | January 15th

Chris Linner | January 17th



★ HAPPY ★
BIRTHDAY!

THIS WEEK
AT-A-GLANCE

MONDAY, JANUARY 11TH

In-Person Learning - A-E | Remote Learning - F-Z

TUESDAY, JANUARY 12TH

In-Person Learning - L-R | Remote Learning - A-K, S-Z

Varsity Boys & Girls Bowling vs. Mill Valley, Olathe East, SM West | 3pm, Royal Crest

Varsity Boys Basketball vs. Olathe North | 7pm

Varsity Girls Basketball at Olathe North | 7pm

WEDNESDAY, JANUARY 13TH

Remote Learning - A-Z | SuperFlex Wednesday

Varsity Boys & Girls Wrestling at BV West | 6pm

THURSDAY, JANUARY 14TH

In-Person Learning - F-K | Remote Learning - A-E, L-Z

Varsity Boys Swim & Dive vs. Bonner Springs, Turner, Washburn Rural | 3:30pm, LHS

FRIDAY, JANUARY 15TH

In-Person Learning - S-Z | Remote Learning - A-R

Final Exams - Hours 0, 1

Varsity Girls Basketball at Olathe Northwest | 7pm

Varsity Boys Basketball vs. Olathe Northwest | 7pm

SATURDAY, JANUARY 16TH

Varsity Boys & Girls Wrestling vs. Lawrence, SM East, Turner | 9am, SM East

Varsity Boys Basketball vs. SM Northwest | 3pm

NEXT WEEK
AT-A-GLANCE

FINAL EXAMS SCHEDULE

Friday, January 15th

- Final Exams - Hours 0, 1

Tuesday, January 19th

- Remote Learning - A-Z
- Final Exams | Hours 2, 3, 4

Wednesday, January 20th

- Remote Learning - A-Z
- Final Exams | Hours 5, 6, 7

Final Exams Schedule★

Hours 2 and 5 | 8:05-9:15am

Hours 3 and 6 | 9:20-10:30am

Hours 4 and 7 | 10:35-11:45am

★Remote Learning - A-Z

NEXT WEEK AT-A-GLANCE

Monday, January 18th

- No School | Martin Luther King, Jr. Day

Tuesday, January 19th

- Varsity Boys Swim & Dive vs. BV Southwest, BV West | 4pm, BV Southwest
- Varsity Girls Basketball at Mill Valley | 7pm

Wednesday, January 20th

- Varsity Boys & Girls Bowling vs. Olathe North, Washburn Rural | 3:30pm, Olathe Lanes East
- Varsity Boys Swim & Dive vs. Lawrence, SM North | 3:30pm, TBA
- Varsity Boys & Girls Wrestling vs. Blue Valley, Manhattan | 5pm

Thursday, January 21st

- Varsity Boys Basketball at BV West | 7pm

Friday, January 22nd

- Varsity Boys Basketball vs. SM East | 7pm

Saturday, January 23rd

- Varsity Boys & Girls Wrestling vs. Lawrence, Mill Valley, Tonganoxie | 9am, Tonganoxie
- Varsity Girls Basketball vs. SM South | 4pm
- Varsity Boys Basketball at St. James Academy | 7pm

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