From Your School Nurse

Questions and Answers about Covid-19 and Returning to School

Q: How will I know when to keep my child home from school?

A: Please use this flow chart each day to help you make your decision. COVID-19 LDCPH Flowchart

Q: At what temperature should I keep my child at home?

A: If your child has a fever of 100.0 F or higher (without fever-reducing medications) you should keep your child at home.

Q: What health criteria will be used to decide if my child needs to go home?

A: The health office personnel will assess your child and will use the following criteria in making their decision to send your child home. COVID – Out of school form

Q: How long will my child have to stay out of school?

A: The length of your child’s absence will depend on your child’s symptoms and situation. Please refer to this flowchart to help guide your decision. Flowchart for return to school

Q: What changes can I expect from the School Health Office?

A: 1. Changes in asthma management (inhalers must have spacers)
   2. Changes in food service and management of food allergies
   3. Changes in over the counter medications (student must have a doctor’s order to take over the counter acetaminophen or ibuprofen)

STUDENT HEALTH SERVICE-CLINIC CHANGES DUE TO COVID-19

Q: Do all students need to wear a mask to school?

A: Yes. Unless your student has a mask exemption form signed by a doctor with a clear medical reason, your student must wear a mask to school. Please refer to the following forms for further information –

Mask guidance for school aged children
Mask Basics at School
Mask guidance exemption form
Q: What will happen if a student or a staff member tests positive for Covid-19?

A. Our school has a delegated Covid-19 Response Team that will follow a specific plan. The steps of this plan are outlined here. Covid Response Team Plan

Q: What ten steps can I take to prepare my child for coming back to school?

1. Practice Hand Hygiene
   - Often throughout the day for at least 20 seconds ensuring to wash front, back, & in-between fingers.

2. Practice Putting Mask On/Off.
   - Your child may be required to wear a mask on the bus, upon entering school, & within the hallways. Teach them to not touch the inside of their mask when taking it off.

3. Practice 6ft of Distance.
   - Students may be asked at times to maintain “social distancing”.

4. Purchase a Thermometer
   - Check your child’s temperature every morning. If 100.0 or higher, they must stay home until fever free for 24 hours (without the use of Tylenol/Motrin). If they develop a fever at school, they may be required to remain out of school for 3 -14 days.

5. Make/Purchase Extra Masks.
   - When possible, masks should only be used one time (one day if not soiled). Consider making or buying multiple masks to give you proper time to wash them between use. Two masks will be supplied to the students from LPS (Please contact a counselor or social worker for more resources to get masks if needed.)

6. Update Immunizations
   - Kansas has updated immunizations required to enroll for the 20-21 school year. [https://www.kdheks.gov/immunize/schoolinfo.htm](https://www.kdheks.gov/immunize/schoolinfo.htm)
   - Please contact your primary care doctor, pediatrician, or health department to receive needed immunizations.

   - Nebulizers & inhalers without a spacer cannot be administered in school. Speak with your child’s pediatrician to obtain the proper equipment & to update the Asthma Action Plan.

8. Purchase a Reusable Water Bottle
   - To be brought to school. Water fountains may not be in service. (Please contact a counselor or social worker for more resources to get a water bottle if needed.)

   - If your child presents with COVID-like symptoms, they may be placed in an isolation room and will need to be picked up immediately. Please ensure your contact information is kept up-to-date in PowerSchool. Notify your child’s school of any changes

10. Stay Informed.
    - Educate yourself from reliable sources, such as the CDC, Kansas Department of Health and Environment, Lawrence-Douglas County Public Health, and the Lawrence Public School website.