



## COVID-19 SELF-ASSESSMENT FOR STAFF

Please help us maintain safe learning environments for all students and staff.

In the past 14 days, have you been within 6 ft. for 10 minutes or more, or in contact with the mucus or saliva, of someone diagnosed with COVID-19? If YES, stay home unless fully vaccinated or enrolled in KDHE's Test to Stay Program. Contact your health care provider for guidance.

Have you traveled in the past 14 days to a location requiring quarantine? If YES, and you are not fully vaccinated, quarantine for 10 days and monitor for symptoms. If symptoms develop, regardless of vaccination status, stay home and contact your health care provider. ([See the CDC website for travel quarantine updates.](#))

Staff who have at least one primary symptom **OR** two or more secondary symptoms should stay home and not report to work.

**Primary Symptoms (at least one)** New cough • Difficulty breathing • Loss of taste/smell

**Secondary Symptoms (at least two)**

**Fever ( $\geq 100$  degrees Fahrenheit) • Extreme fatigue • Chills • Congestion/runny nose • Nausea/vomiting/diarrhea • Sore throat • Headache • Muscle or body aches**

Staff with symptoms should consult with a health care provider to get tested for COVID-19 and/or obtain an alternative diagnosis. Many primary care providers offer COVID-19 testing, as does LDCPH.

Staff members who exhibit one primary symptom OR two or more secondary symptoms and are either not tested or test positive for COVID-19 should remain out of school and all school-related activities for 5 days after their symptoms began AND 24 hours after their fever (if present) has resolved without the aid of medication AND their initial symptoms have improved.

Staff who test negative for COVID-19 can return to work 24 hours after their symptoms improve. If a physician indicates the symptoms are due to a non-infectious diagnosis (e.g., allergies, asthma), they can return to work prior to symptom resolution.

If someone in your household is ill or awaiting test results, please stay home unless you are fully vaccinated and not experiencing symptoms. You may contact your principal, supervisor, or school nurse for additional guidance.

Lawrence Public Schools encourages all eligible staff to get the COVID-19 vaccine. If you are not yet fully vaccinated, continue to wear a mask and keep a safe distance from others.

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