



Please note: new distribution day, sites, and times:

# FREE Meal Kits

## FRIDAYS: JUNE 11 - AUGUST 6

Meal kits are available free of charge to children ages 1-18. One kit contains seven breakfasts and seven lunches. Meal kits must be pre-ordered.

### How do I pre-order my children's meal kits?

1. Order your children's weekly meal kits at (<https://forms.gle/DWVBiACQ1zJGNkw46>).
2. Place your order by noon on Tuesday of the week you want to start picking up meal kits. You only need to place your order once to receive weekly meal kits. Sign-up begins June 1.
3. List all of your children on one order form.
4. Choose to pick up your meal kits at: Woodlawn Elementary 8:00 a.m.-9:00 a.m.; Kennedy Elementary 9:00 a.m.-10:00 a.m.; Free State High School 10:00 a.m.-11:00 a.m.; or Sunflower Elementary 11:00 a.m.-12:00 p.m.
5. Pick up your weekly meal kits each Friday, beginning June 11 at the location/time you selected on the order form.
6. Use the same order form to make changes or cancel your weekly meal kit order.

Parents and children do not have to be present. You may designate anyone to pick up your meal kits. District buildings will be closed on Fridays. If you need assistance on Fridays, please email food service staff: [fsofficestaff@usd497.org](mailto:fsofficestaff@usd497.org)



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