



HIGH SCHOOL START TIME ADVISORY

8/28/2018

6:00 pm, ITC Room

Facilitators- Christina Holt/Anna Stubblefield

In Attendance:

Charlotte Anderson, Justin Anderson, Jay Buzhardt, Bob Byers, Randy Clark, Gabe Dalton, Monica Dittmer, Matt Ellis, Jill Fincher, Myron Graber, Julie Henry, Rick Henry, Christina Holt, Rick Ingram, Mark Preut, Sam Rabiola, Vanessa Sanburn, Valerie Schrag, Joan Stone and Anna Stubblefield

Participated via ZOOM:

Cynthia Eubanks

1. Welcome/Introductions

- a. Meeting started on time, welcome and group re-introduced themselves.

2. Review Group Norms

Christina reviewed Norms/Guiding principles:

- Start and end on time
- Speak with respect towards others' opinions
- Don't talk over others
- Be open to learning
- Meet with a purpose
- Weight scientific evidence as more compelling than gut reaction/fear of change
- Decisions will be made through consensus of majority rule (Sam raised his hand to make sure this norm was included as an additional consideration - it had been left off).

3. Review of Process

Christina reviewed the timeline and the overall goal to have a collaborative recommendation to give to the Board by late November. Anna asked that we try to formulate questions for the survey.

4. Discussion: What else do we need to know/consider?

The group participated in a discussion/review of the "What else do we need to know and take into consideration?" questions that are on the google drive.? Each person read a question and comments were made.

1. What percentage of high school students depend on parents for transportation to school? (Survey).
Anna: Can we count the students' population that arrive early? Myron noted that this is often a result of parent work schedule and the time change would directly affect that. Valerie noted another option was to view the camera footage.

2. What is the number of high school students that arrive early now (by 7:30) and would this be unchanged by new start time? (Data being collected).
Charlotte Anderson noted that Wednesday, late start she will have up to 100 to 120 students in the library. These students are not supervised by anyone but her. Teachers are in collaboration. Additional staffing would be necessary for mornings to monitor students who arrive early but have a late start schedule. Students with zero hour @ LHS are approximately 50 and FSHS are approximately 200.
3. How would late start time affect students missing class time at the end of the day due to activities? (Can we get data from KC School?)
Have tardies decreased? Is attendance better? Valerie noted that more students are tardy on late start Wednesdays
4. How would change in start time affect families? (Survey)
5. How would this affect student with employment or family obligations after school? (survey)
6. What traffic impacts would there be? (Public Works)
7. How would this affect the T?
8. What benefits could there be?
Myron mentioned that another school district with late start reported ACT scores were higher.
9. How would this affect breakfast meal services and changing lunch time? Could this be an opportunity to try alternative breakfast options such as breakfast after the bell, grab-n-go-breakfast, or 2nd chance breakfast?
10. Is there anyone in Kansas who has made this shift (or considered it) we could learn from? Who else could we learn from? (Junction City @ 8:30) Anna *gave details of her e-mail with Junction City. It was asked if she would post that information on the google site.*
11. How would this affect school space availability? *This is always an issue no matter what start time.*
12. Would the plan for implementation include a zero-hour option for students? *Yes, only later*

Christina placed post-it and pens on the tables for additional questions. These questions below were placed on the display board and discussed-

- Could the high schools open early to accommodate students arriving early to provide access to the media center/commons if start time was moved later? Is this already part of the plan? If not – what might the additional cost be for staffing the school? *Schools would still open early, currently open at 6:30. Parent work schedules would not change. (Up to 110 students at times in the library). Supervision is not teachers. A potential cost for staffing both before and after school.*
- What are High School Staffing Implications? *A potential cost for staffing both before and after school.*
- Is this the best time to change with LHS construction starting next year? *No*

- If we decide to change, we should (with the help of KU School of Ed?) do a survey and collect data of sleep per night & test scores to see if this works? *Myron mentioned that another school district with late start reported ACT scores were higher. European countries also have higher scores with a shorter day. Breaks are also given in the middle of the day. Examples from others districts were discussed.*
- Can we research KS Mercury 7 districts (and other KSDE re-design schools) and their schedule changes? (USD 353 Wellington has a staggered start and USD 480 Liberal with mid-day training and athletic practices.) *Kansas Can School Redesign Project from KSDE brochure was provided for anyone wishing to view it. Can we visit with those school?*
- How does changing school start time impact re-design initiatives? *Stagger start redesign will affect teacher collaboration time. Several pieces to consider. European success relies heavily on collaboration. Their test scores are amazing. Shorter day, more collaboration. Collaboration is very important. Could also see a benefit for teachers who have students in sports, they could start earlier and leave earlier. It is already hard to gather all staff together a staggered start time would make that much more difficult.*
- In addition to identifying benefits, how do we quantify them? How do we gather baseline data? *Survey*
- How would this affect graduation rate? Credits? *As long as we stayed with 7 period obtaining appropriate number of credits would not change. Dropping down to 6 would make a big difference, not as many opportunities. Fine arts would be crushed. However, a trimester option would work but has both good and bad advantages. District credits and Board of Regents credits are different. Some students need to achieve more credits for various reasons. The topic of seminar was discussed and how it was lost when the 9th graders joined the high school.*
- LPS Plan for Seminar? *Seminar was lost with the 7th hour addition. A set time of day to make up work, take care of school business. Relationships are formed which helps students help themselves. A valuable community/home base. KESA/unfunded state mandate.*
- How many kids in zero hour? Football requirement to take weights in zero hour? *Roughly LHS/50 and FSHS/200. It is true many athletics like zero hour. Allows them the freedom to leave early and get ready for practice or games, also lift weights and then show for the day. It is not required but recommended. If we were to start later = more kids in zero hour.*
- Can someone make contact with the city about traffic flow around schools. What, if any, effects would there be? **Large number of students are dropped off early by working parents. Unsure of the traffic flow pattern with a late start.**
- Could expanding the school day around and either/or choice. Could some classes and students start at 7:00 and other start at 9:00 and get out later? *There are always options. This could be good for both students and staff depending on families and after school commitments. Staffing considerations would need to be addressed and collaboration time.*
- Is this an equity issue? *Equity always needs to be considered. Could also create a negative impact. Always need to discuss it, look at it and keep it in mind. We want to make sure we don't create another problem.*
- How does the late start & late release affect our employees? Teachers, Coaches, Activity Sponsors? *Simply push everything back would mean staff and students get home later. They already have late evening for practice and meeting. Does affect family time and day care.*
- Can we learn from the North Kansas City experience? *It is still early in the game. They have just made the change but some information like attendance and testing could be reviewed.*
- Have we considered student surveys / input in this process? Some students have expressed that they like early. *Yes, a survey is being considered and would be a valuable tool. It was stressed that we please read the studies and the rationale that indicates the value of late start.*

Christine addressed that additional questions can still be added to the google drive. We need feedback for the survey questions.

5. Updates/Info to share

Valerie Schragg noted that she took the spreadsheet that was posted in the google drive and sorted the massive information so it is now pared down to usable information if anyone wanted to view it now the variables pertained to our topic

Christina and Anna shared that we need to come up with survey questions at the next meeting.

6. Next Meeting

It was requested that we calendar the next two meetings.

- September 11 from 6-7:30
- October 4th from 6-7:30

Meeting was adjourned.