



High School Start Time Advisory

October 23, 2018

6:00 pm, ITC Room

Facilitators- Christina Holt/Anna Stubblefield

In Attendance:

Charlotte Anderson, Justin Anderson, Bob Byers, Aaron Clark, Gabe Dalton, Cynthia Eubanks, Myron Graber, Rick Henry, Christina Holt, Rick Ingram, Syed Jamal, Peter Karman, Sam Rabiola, Valerie Schrag, Joan Stone, Allison Smith

Participated via ZOOM: Laurie Folsom and Anna Stubblefield

AGENDA

- Welcome and Introductions (Christina/Anna)
- Review of group norms (Christina)
- Overview of agenda. Plan to review survey and determine next step. Timeline and feasibility important considerations. Possible meet late November to review data and troubleshoot. Late December early January produce information to the board. Christina noted that gender question will be dropped.

Group Discussion-

Rick Ingram: Not sure why we are not including the middle schoolers. Middle school students will actually have more of an impact - isn't this more important to them because it pertains to them?

Peter Karman: Does not agree. Represented data is more valuable from students who actually know the High School schedule and the impact a time change will be.

Rick Ingram: This is bigger than just current students. This decision impacts all students. Why focus on one group and have a skewed report?.

Allison Smith: As a parent of a current high school students she now understands but did not feel like she would have been able to adequately answer these survey questions in middle school because they had not yet experienced high school.

Peter Karman: Feels that there are two main points we need from this survey: Data and Community representation.

Valerie Schrag: In her conversations with students they have expressed that they often do not feel they have value or that they are listened too. Valerie suggestses ¼ of the survey are directed to Middle School and ¾ towards High School. We should really listen to the students and their experience/

Rick Ingram: His concern is it really a large enough sample to be valid?

Valerie Schrag: We have a serious time crunch. We really need to move forward. This is a big change for high school students.

Cynthia Eubanks: Understands we have a time issue but feels we need to get it right instead of rush - lets please make sure.

Allison Smith: Most district take a longer period of time to make this decision.

Anna Stubblefield: Regarding the time line, this has been a topic for a couple years. The Board asked for recommendation. The survey does cover families who have students in both Middle School and High School

Allison Smith: When are the new School Board members starting? (next Nov/January)

Christina Holt: Confirming we want to target ¼ Middle School and ¾ High School?

Bob Byers: Hesitant to include Middle School. Let's stick with High School. They are the students who will experience this change. The Middle School students will not know any differently.

Cynthia Eubanks: Parents complete the survey - not kids. We do need to consider Middle School student schedule because all schedules are subject to the new High School changes.

Peter Karman: Is there a way we can target parents who have kids at both levels?

Anna Stubblefield: Yes.

Myron Graber: His experience in the past was that the Elementary parents are the group that put a stop to the change. The high school hours changes does make a difference for everyone in the family. Also job force and transportation. We need to think about all parents.

Anna Stubblefield: Focus on the options first

Peter Karman: Race?

Allison Smith: Why is the race question necessary?

Christina Holt: We do also need to know if this affects a race.

Rick Ingram: Could we add a grade level?

Cynthia Eubanks: Question #34 - why quad?

Anna Stubblefield: Quads provide more accurate information and has been used in the past.

Justin Anderson: What about students that are not USD497? Should we include them?

Allison Smith: Families outside USD497 would have so many unknowns. They would simply be guessing.

Bob Byers: On the internet survey. We want to know if there are issues and all schools should be reflected.

Anna Stubblefield: We would need to re-write the survey contract.

Laurie Folsom: What percent of the population is being left out? Not sure we need to include private schools. They have less impact, existing families carry more weight.

Valerie Schrag: Online schematics. Positive/negative? Structural differences between two. #16 phone survey - 0 hours likely? It would be useful to include a comment sub box for more information. The introduction to both surveys is not neutral because of the American Academy comment. Would like to use the introduction that was used in the original survey. If we do include the section about the American Academy then we also need to include an example of another survey reflecting opposite opinion.

Allison Smith, Rick Ingram, Peter Karman, Cynthia Eubanks: Debating on research vs reality. Is evidence based also good for kids? Start later, end later, go to bed later, same cycle only different.

Cynthia Eubanks: We really need to avoid the appearance of being biased.

Rick Ingram: Would like to take out #12

Group took a vote to delete question #12

Rick - can we insert #14. How likely could your child adjust their schedule to accommodate the time change?

Christina Holt: #17 PS - caring for younger siblings. #18 - expand on that.

Rick Ingram: I have an addition to add about the impact on a child's sleep.

Anna Stubblefield: Survey company does not recommend including positives and negatives or having balanced questions.

Rick Ingram: Mention something about a later time affecting your child's mood. and a later time also affecting a child's academic performance

Bob Byers: Comes to a point of how it affects our family, costs and logistics... not about science.

Laure Folsom: Identify challenges does not necessarily mean it will be fixed.

Myron Graber: Most of education is not based on research

Laurie Folsom: Out of control variables and how families will adjust

Christina Holt: It is okay to adjust the times before & after.

Rick Ingram: For question #30: no preference and Question #17 state: before & after school

Christina Holt: We will start the survey distribution

Christina Holt: Next date determination: Nov. 14 @ 6:00. We will send out a reminder email. Meet upstairs as another event is also taking place at ESDC.

Dawn Downing will post in Google.

(Dawn will send out a calendar invite)