

Kindergarten Snacks



Dear Families,

Please review the following information regarding snacks:

- *We will have a morning and afternoon time for snacks.
- *You are responsible for providing snacks for your child each day.
- * We encourage each student to bring his/her own water bottle to keep in the classroom. The water bottle can be left at school and we will send it home on Fridays.
- *In order to keep everyone safe, we ask that the snacks are nut free and meet the below guidelines:

The following are examples of healthy snack options:

- Fruits (fresh, dried, or apple/pear sauce - Please NO "fruit snacks")
- Vegetables (fresh or dried)
- Pretzels (or crackers)
- Yogurt
- Cheese sticks

Thank you for your cooperation in making sure your child's snack is healthy and nut free.

Mrs. Day/Mrs. Bechard

Mrs. Humburg

Mrs. Leibach

Mrs. Pierce