

# THIS WEEK IN THE GARDEN

## FOURTH WEEK OF OCTOBER



### Harvest of the Month: Pears

#### Gardening 101



Fall is the time to clean up your garden in order to get a head start in the spring. There are many things you can do now that will make for an easier transition come March. For tips on how to clean up and prepare for winter, check out this video from K-State Extension and Kansas Health yards: [www.kansashealthyyards.com/all-videos/video/cleaning-up-your-garden-in-the-fall](http://www.kansashealthyyards.com/all-videos/video/cleaning-up-your-garden-in-the-fall)

#### Activities

Visit the LPS website for more ways to include Farm 2 School in with your curriculum: [www.usd497.org/farm2school](http://www.usd497.org/farm2school)

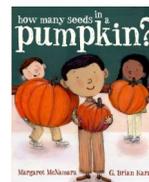
- ◆ Conduct a similar experiment to the one in *How Many Seeds in a Pumpkin?* Ask your students to compare their results to the ones Mr. Tiffin's class found.
- ◆ Ask students what else they could count by twos, fives or tens in the garden. The leaves on a plant? The plants in a row? Can they find patterns?
- ◆ Create a timeline for the life of a pumpkin based on what you learned from the book of the week. When do the pumpkins have the most seeds? When do they have the most lines on the outside? Be sure to illustrate!

#### Farm 2 School

#### Book of the Week

*How Many Seeds in a Pumpkin?*

Margaret McNamara  
G. Brian Karas



Mr. Tiffin's class is on a mission to see how many seeds are in three different sized pumpkins. They pull out all the seeds and count by twos, fives and tens to see which pumpkin has the most, and are surprised by what they discover. This book is a fun way to introduce kids to estimation and predictions; maybe they can guess too!

#### Journal Topics

Take your students to the garden with their journals and encourage them to write on one of the following topics:

◆ Do you think it is easier to count by twos, fives, or tens? Why do you think it is useful to count by these numbers?

◆ The students in Mr. Tiffin's class learned something they did not expect about pumpkins. Write about a time when you learned something that was the opposite of what you thought before.

#### Eat Local

##### Green Pear Juice

- 2 pounds ripe or slightly overripe Green Barlett Pears, halved
- 1 bunch kale
- 1 ounce fresh ginger (about 3-inches long by 1-inch wide)
- 2 lemons, peel, and outer pith cut away
- 1 large cucumber, cut into thirds.

#### Steps

Pass all ingredients through a produce juicer in the order in which they are listed.

Pour into glass and serve, with ice cubes if desired.



Recipe adapted from [usapears.org](http://usapears.org)