

# THIS WEEK IN THE GARDEN

## SECOND WEEK OF OCTOBER



### Harvest of the Month: Pears

#### Gardening 101



What do you pair with pears? Cilantro, mint, rosemary, and thyme are all great herbs to add to a pear dish.

Love the taste of fresh herbs but not sure when or how to harvest them? Check out this video from Kansas State Extension to learn more about harvesting herbs:

[www.kansashealthyyards.org/all-videos/video/harvesting-herbs](http://www.kansashealthyyards.org/all-videos/video/harvesting-herbs)

#### Activities

Visit the LPS website for more ways to include Farm 2 School in with your curriculum:  
[www.usd497.org/farm2school](http://www.usd497.org/farm2school)

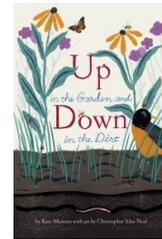
◆ Notice the changing leaves: take students outside in the garden and have each find four different leaves. Have students share with the class about what makes their four leaves different, and have students find classmates who have similar leaves.

◆ Garden Art: Pears have a large extended family that includes cherries, almonds, apricots, and roses. Create a collage with images of all these fruits, nuts, and flowers and then make your own family tree.

#### Farm 2 School

#### Book of the Week

*Up in the Garden and Down in the Dirt*  
By Kate Messner



Up in the garden, the world is full of green—leaves and sprouts, growing vegetables, ripening fruit. But down in the dirt, there is a busy world of

earthworms digging, snakes hunting, skunks burrowing, and all the other animals that make a garden their home. Discover the wonders that lie hidden between stalks, under the shade of leaves... and down in the dirt!

#### Journal Topics

Take your students to the garden with their journals and encourage them to write on one of the following topics:

◆ Reading Reflection: Imagine the layers of dirt in the garden are a world of their own. What is that world like? Who is in charge of this world? What is daily life like?

◆ Pears grow on trees. Write a story from the view of a pear growing on a tree. What can you see from high up? What do you miss about being on the ground?

#### Eat Local

##### Pear Salsa

- 1 pear, cored and finely chopped
- 1 apple, cored and finely chopped
- 2 kiwifruit, peeled and finely chopped
- 1 orange, peeled and finely chopped
- 2 tablespoons of honey
- 1 teaspoon of lemon juice
- Cinnamon graham crackers

##### Steps

1. Combine chopped fruit in a medium-sized bowl.
2. Pour honey and lemon juice over fruit and gently toss.
3. Scoop up bites of fruit salsa using cinnamon graham crackers



Recipe adapted from [usapears.org](http://usapears.org)