Kindergarten (5 days)

Topics:
- **Anatomy and Physiology**
  Use proper names for body parts
- **Identity**
  Describe differences and similarities in how boys and girls may be expected to act.
  Provide examples of how friends, family, media, society and culture influence ways in which boys and girls think they should act
- **Healthy Relationships**
  Identify different kinds of family structures
  Describe the characteristics of a friend
  Demonstrate ways to show respect for different types of families
  Identify healthy ways for friends to express feelings to each other
- **Personal Safety**
  Explain that all people, including children, have the right to tell others not to touch their body when they do not want to be touched
  Explain what bullying teasing are
  Identify parents and other trusted adults they can tell if they are feeling uncomfortable about being touched.
  Identify parents and other trusted adults they can tell if they are being bullied or teased.
  Demonstrate how to respond if someone is touching them in away that makes them feel uncomfortable.
  Demonstrate how to respond if someone is bullying or teasing them.

Lesson 1  Courageous Conversations with consent
- Four-Agreements and Compass
- Consent video:  
  [https://www.youtube.com/watch?v=h3nhM9ULjic](https://www.youtube.com/watch?v=h3nhM9ULjic)
- Class Discussion and scenarios

Lesson 2  Health and Body Systems
- Develop clear vocabulary for body parts (i.e. penis and vagina)

Lesson 3  Learning the Touching Rule
- Poster, Story, and Discussion “Talking About Touch”
- The school counselor
  - [https://www.youtube.com/watch?v=t37VrHmlhl](https://www.youtube.com/watch?v=t37VrHmlhl)
  - [https://www.youtube.com/watch?v=zNTUMNKNwW](https://www.youtube.com/watch?v=zNTUMNKNwW)

Lesson 4  Breaking Gender Stereotypes
- Talk about the similarities and differences between boys and girls and to develop an awareness of being an individual.

Lesson 5  Be Nice
- Talk about what bullying looks like and how to keep safe
  - [https://www.youtube.com/watch?v=8iTPPPh1d2j8](https://www.youtube.com/watch?v=8iTPPPh1d2j8)
  - [https://www.youtube.com/watch?v=hhH9NCtaZt8](https://www.youtube.com/watch?v=hhH9NCtaZt8)