



Free State Daily Announcements

WEDNESDAY, SEPTEMBER 11, 2019
HAVE A WITTY WEDNESDAY!
LATE ARRIVAL (EVEN) SCHEDULE

- ❖ **TODAY'S SCHOOL ACTIVITIES & ATHLETIC EVENTS** – can be found on the **Lawrence Free State Web Site** under the **green tab** that says **Calendars & Schedules**. (The gray Calendar tab is a district calendar)
 - **HOME EVENTS:**
 - **ACT PREP CLASS** (*must be pre-paid & registered*) 8:00 - 12:15 in Room 232
 - **NHS INDUCTION CEREMONY** 7:00pm in Auditorium
 - **VOLLEYBALL GIRLS FRESHMAN TRIANGULAR** 5:30 vs ONHS, SMNHS
 - **VOLLEYBALL GIRLS SOPHOMORE TRIANGULAR** 5:30 vs ONHS, SMNHS
 - **AWAY EVENTS:**
 - **GYMNASTICS JV QUAD** 5:00 @LHS
 - **GYMNASTICS VARSITY QUAD** 5:00 @ LHS
 - **SOCCER BOYS JV GAME** 5:00 vs OSHS @ ODAC
- ❖ Free State- this week is **SUICIDE PREVENTION WEEK**. Suicide is the second leading cause of death for ages 10-24. It is important for people to have others they can reach out to when they are struggling. The **My3 app helps to remind you of your support system**, and reminds you to reach out if you are struggling. Check it out!
- ❖ **AFTER SCHOOL TUTORING** is now in full swing after school in the **library from 3:30 to 5 pm**. Come get help for **English or Science on Mondays and Tuesdays** and **Math on Monday, Tuesday, and Thursday**.
- ❖ **THESPIAN CLUB** meets after school **today in the Black Box from 2:40-3:10**. Also, Cast & Crew for "Who Poisoned His Meatball" need to turn in t-shirt order forms to Ms. Waller by tomorrow morning. If you have not received a t-shirt order form, stop by the Black Box to pick one up today.
- ❖ Do you like questioning the authority and the status quo? Do you like discussing things that have happened? How about baked goods? We probably won't be overthrowing the government, but we will be talking about people who have! If any of this sounds fun, come talk about revolutions with us in **HISTORY CLUB**, this Wednesday at 8:20 in Ms. Landwehr's room, 336.
- ❖ Join the **WEIGHTLIFTING CLUB** for their first meeting **tomorrow after school in room 524**. It doesn't matter if you've never worked out a day in your life, or if you workout every day of your life. This club is welcome to everyone! Learn more tomorrow after school. We can't wait to see you there!

- ❖ Guten Morgen! Students of Freestate, would you like to participate in German activities and immerse yourself in its culture? Well, stop by the **GERMAN CLUB** on **Thursday after school in room 512**. See you there!
- ❖ Online **REGISTRATION FOR THE PSAT** is now open and will close on **Friday September 13th**. In order to register, students should click on the link provided on the school website under student services.
- ❖ **ASIAN CULTURE CLUB** is holding a special **meeting on Friday, September 13th** to hold a discussion on a recent incident of racist activity. Stop by if you would like to participate in a constructive dialog. We will meet in **Ms. Landwehr's room, room 336**.
- ❖ Hey Guys! Looking to get some playing time on the volleyball court? Well, you're in luck because **VOL-HE-BALL** is on **Wednesday the 18th at 7 pm in the Main Gym**. Forms are in the Media Center or in room 223. Everyone on the team must have a permission slip filled out. **Team forms, permission slips, and entry fees are due on Friday the 13th by 3:00 pm in room 223**.
- ❖ Students are you interested in dressing up before Halloween? Lucky for you **SPIRIT WEEK** starts **next Monday**, so start planning your outfits.
 - **Monday the 16th is 'Merica Monday**, time to celebrate America.
 - **Tuesday the 17th is Underwater Tuesday**, wear your Little Mermaid best.
 - **Wednesday the 18th is Western Wednesday**, time to cowboy up.
 - **Thursday the 19th is Jersey Day**, wear your favorite jersey.
 - **Friday the 20th is Free State Friday**, rep your best Free State gear.
- ❖ If you showed interest in getting a **HOTSPOT** on the recent survey, you will be receiving an email about returning a permission slip to the FSHS Library. Make sure to check your school Gmail account! **Permission slips are due by Wednesday, Sept. 18th!**
- ❖ What's up fireheads? This Homecoming week you should make your way to the **2nd Annual FIREFEST**, a student centered music festival on **Thursday, September 19th**. Feel the blues and soul of J-Benk and the Stink, experience the infectious indie rock of Cloud Committee, mosh out to the epic metal of Surtalogi, and bear witness to the brutal bars of Young Foolish. **Firefest starts at 7pm at the Firebird statue**, see you there fireheads!
- ❖ The **HOMECOMING PARADE** is coming up on **Friday, September 20, at 3:30!** All clubs, activities, and sports teams are invited to participate. Make sure to coordinate with your club sponsor or coach if you are interested in entering a float. If you aren't in a club or sport, each class will have a float you can help with! Contact your Stuco class representative for more information.
- ❖ Hello performers! It is time for the **USD 497 OVATION TALENT SHOW at the Lied Center!** Pick up an **application from Ms. Downs in 213** if you are interested in auditioning. Applications are **due November 1st**.

PLEASE BE PATIENT AND MINDFUL DURING OUR BUILDING CONSTRUCTION PHASE.



❖ **DAILY ANNOUNCEMENT COLOR KEY:**

COLOR KEY	
ACTIVITY	COLOR
All School	Green
Seniors	Yellow
Juniors	Orange
Sophomore	Red
Freshman	Cyan
Student Clubs	Blue
Student Services	Purple
Social Awareness	Magenta
Art Depart.	Pink
Athletics	Light Green
Career & Tech	Light Orange
English	Gold
Fine Arts	Light Blue
Math Depart.	Brown
PE Depart.	Gray
Science Dept.	Light Blue
Social Studies	Light Red
SPED Dept.	Dark Blue
World Language	Light Purple



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- **GYMNASTICS JV QUAD 5:00 @LHS**
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Free State Daily Announcements

TUESDAY, SEPTEMBER 10, 2019
HAVE A TOUCHING TUESDAY!
REGULAR SCHEDULE

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 - **VOLLEYBALL GIRLS JV TRIANGULAR 5:00pm vs ONHS & SMNHS**
 - **VOLLEYBALL GIRLS VARSITY TRIANGULAR 5:00pm vs ONHS & SMNHS**
 - **FREE STATE FIREBIRD FAMILY PARENT MEETING 6:00 in Commons**

➤ **AWAY EVENTS:**

- **TENNIS GIRLS JV QUAD 3:15 @CBAC Tennis Courts**
- **SOCCER BOYS C TEAM GAME 5:00 @ BVHS**

- ❖ Free State- this week is **SUICIDE PREVENTION WEEK**. Suicide is the second leading cause of death for ages 10-24. It is important for people to have others they can reach out to when they are struggling. **The My3 app helps to remind you of your support system**, and reminds you to reach out if you are struggling. Check it out!
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- ❖ Question for you: What is a fish's least favorite day of the week? Answer: Fry-day. No trout about it—the first **FISHING CLUB** meeting is **Tuesday immediately after school in the wood shop**. Come join us for a get-to-know-you and to plan activities for the year, such as fishing trips. Fishing club totally kicks bass! See you Tuesday!
- ❖ **Staff & students -**
 - **YOGA CLUB** starts on **Tuesday September 10th in room 207 at 3:30**. If you have a mat - bring it but we do have mats you can use.
 - There are many studies which show yoga benefit all bodies. Come give it a try!
- ❖ **ASIAN CULTURE CLUB** will hold its first meeting of the year on **Tuesday, September 10th at 3:15 in room 336**. Stop by to learn more about the club, Asian culture, and help plan activities for this year!
- ❖ **ANIME CLUB** will meet this **Tuesday, September 10 after school in room 311**. Fans with and without superpowers are welcome.
- ❖ **CAN WE TALK** will meet on **September 11th from 8-9am in the small gym**.
- ❖ Do you like questioning the authority and the status quo? Do you like discussing things that have happened? How about baked goods? We probably won't be overthrowing the government, but we will be talking about people who have! If any of this sounds fun, come talk about revolutions with us in **HISTORY CLUB, this Wednesday at 8:20 in Ms. Landwehr's room, 336**.
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Free State Daily Announcements

MONDAY, SEPTEMBER 9, 2019
HAVE A MIRACULOUS MONDAY!
REGULAR SCHEDULE

- ❖ **TODAY'S SCHOOL ACTIVITIES & ATHLETIC EVENTS** – can be found on the **Lawrence Free State Web Site** under the **green tab** that says **Calendars & Schedules**. (The gray Calendar tab is a district calendar)
 - **HOME EVENTS:**
 - **FOOTBALL VARSITY GAME 5:30pm vs OWHS**
 - **AWAY EVENTS:**
 - **NONE**
- ❖ Free State- this week is **SUICIDE PREVENTION WEEK**. We'll be putting out information on announcements and during lunch this week. Did you know that there is one death by suicide every 12 minutes in the United States? There are things that can help. **One resource is an app called the Virtual Hope Box**. It helps to remind people of their coping skills. Check it out!
- ❖ Are you interested in a career in science? Looking for a chance to work on an engineering project or hear from interesting people in diverse STEM fields? Come to the **ASCENT CLUB** meeting **today right after school in room 427!**
- ❖ Question for you: What is a fish's least favorite day of the week? Answer: Fry-day. No trout about it—the first **FISHING CLUB** meeting is **Tuesday immediately after school in the wood shop**. Come join us for a get-to-know-you and to plan activities for the year, such as fishing trips. Fishing club totally kicks bass! See you Tuesday!
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- ❖ Hey firebirds! To start off **HOMECOMING WEEK**, we have **powderpuff football on Monday, September 16th from 7-10** on the football field! Make sure to pick up a **permission slip in the library media center or room 223** before they run out! It **costs \$10 per person to play**--the ten bucks covers the cost of t-shirts.
 - All **forms and money** must be turned in by the **end of the day on September 9th in room 223** (Mrs. Hayden's room).
- ❖ The **HOMECOMING PARADE** is coming up on **Friday, September 20, at 3:30!** All clubs, activities, and sports teams are invited to participate. Make sure to coordinate with your club sponsor or coach if you are interested in entering a float. If you aren't in a club or sport, each class will have a float you can help with! Contact your Stuco class representative for more information.

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Free State Daily Announcements

FRIDAY, SEPTEMBER 6, 2019
HAVE A FIRST-RATE FRIDAY!
REGULAR SCHEDULE

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 - **HOME EVENTS:**
 - **FOOTBALL VARSITY GAME 7:00pm vs OWHS**
 - **AWAY EVENTS:**
 - **NONE**

- ❖ Hey firebirds! To start off **HOMECOMING WEEK**, we have **powderpuff football on Monday, September 16th from 7-10** on the football field! Make sure to pick up a **permission slip in the library media center or room 223** before they run out! It **costs \$10 per person to play**--the ten bucks covers the cost of t-shirts.
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 - There are many studies which show yoga benefit all bodies. Come give it a try!

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- ❖ **CAN WE TALK** will meet on **September 11th from 8-9am in the small gym**.

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- ❖ Hey Guys! Looking to get some playing time on the volleyball court? Well, you're in luck because **VOL-HE-BALL** is on **Wednesday the 18th at 7 pm in the Main Gym**. Forms are in the Media

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Free State Daily Announcements

**THURSDAY, SEPTEMBER 5, 2019
HAVE A THRILLING THURSDAY!
BLOCK (ODD) SCHEDULE**

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 - **HOME EVENTS:**
 - **GIRLS TENNIS JV DUAL 3:00pm vs Mill Valley HS**
 - **VOLLEYBALL SOPHOMORE TRIANGULAR 5:30pm vs Bishop Miege HS**
 - **AWAY EVENTS:**
 - **GIRLS TENNIS JV QUAD 3:00pm @ Junction City HS**
 - **GIRLS TENNIS VARSITY MEET 3:00pm @ CBAC Tennis Courts**
 - **CROSS COUNTRY VARSITY INVITATIONAL 4:00pm @ Basehor Linwood HS**
 - **FOOTBALL FRESHMAN GAME 4:15pm @ OWHS**
 - **BOYS SOCCER JV GAME 4:30pm @ Seaman HS**
 - **BOYS SOCCER VARSITY GAME 6:15pm @ Seaman HS**

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- ❖ If you are **interested in traveling abroad** come see **Mrs. (Wright) Johnston** in room **306** after **school** to get some information about a trip this summer.
- ❖ **Free State Key Club** will have its first meeting of the year this **Thursday after school in room 232**. Key Club is a volunteer organization that participates in many fundraising and volunteer opportunities throughout the year. Anyone is welcome to come!
- ❖ “Hey everyone, are you interested in making free state a more environmentally friendly school? Come to **environmental club** today and **every Thursday right after school in room 427!** Everyone is welcome!”
- ❖ Question for you: What is a fish’s least favorite day of the week? Answer: Fry-day. No trout about it—the first **Fishing Club** meeting is **Tuesday immediately after school in the wood shop**. Come join us for a get-to-know-you and to plan activities for the year, such as fishing trips. Fishing club totally kicks bass! See you Tuesday!
- ❖ **Staff & students -**
 - **Yoga club** starts on **Tuesday September 10th in room 207 at 3:30**. If you have a mat - bring it but we do have mats you can use.
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➤ **HOME EVENTS:**

- NONE

➤ **AWAY EVENTS:**

- **GIRL GOLF VARSITY INVITATIONAL 3:00pm vs Prairie Highlands Golf Course**
- **GIRLS TENNIS JV TOURNAMENT 3:00pm @DeSoto HS**
- **VOLLEYBALL SOPHOMORE QUAD 5:00pm @GEHS**

- ❖ Do you have reliable wifi at home? An email **survey will be arriving in your Gmail account on Wednesday, August 28th.** If you wish to check out a hotspot for your high school career, then answer YES to all three questions in the survey. **Mrs. Campbell will contact you when the hotspots arrive.** This is the ONLY way to sign up for a hotspot. The survey closes on Wednesday, September 4th, so take the survey as soon as possible.
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- ❖ Guten Morgen Firebirds! Come check out **German Club** this **Wednesday after school in room 512!** We'll be discussing plans for the year so come give some input!
- ❖ Do you enjoy drawing, painting, making things out of clay, and taking photos? If so, you should come to **Art Club!** Our first meeting is **Wednesday, after school, in room 213.** Check it out, hang with your friends, listen to music, and bring a snack to share if you can! Ms. Downs, Mr. Lloyd, and Ms. Pod hope to see you there!
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 - **SOCCER VARSITY TEAM 7:00pm vs OSHS @ODAC**
- ❖ **LOST & FOUND** -
 - **Lunch boxes, water bottles, eye glasses, keys, electronics, jewelry, etc.** can be found in the **Front Office Room 100**.
 - **Clothing, shoes, backpacks, etc.** can be found in the **Laundry Room Room 816**.
- ❖ **NURSE'S OFFICE** - The Nurse can be found in **Room 206**. Same location, different room number.
- ❖ **PARKING LOT INFORMATION:** Drivers: You are **REQUIRED** to purchase a parking permit to park in our lot. Cars that have been **ticketed multiple times** for not having a permit **may be towed at the owner's expense**. Please **read the regulations sheet that you sign**. Students may park in all areas **except those marked handy capped, staff and the yellow lined parking spaces for reserved for Visitors in the North Parking Lot**. There is to be **no backing in or pulling through a parking spot**. You will be ticketed.

- ❖ Do you have reliable wifi at home? An email **survey will be arriving in your Gmail account on Wednesday, August 28th.** If you wish to check out a hotspot for your high school career, then answer YES to all three questions in the survey. **Mrs. Campbell will contact you when the hotspots arrive.** This is the ONLY way to sign up for a hotspot. The survey closes on Wednesday, September 4th, so take the survey as soon as possible.
- ❖ If you are **interested in traveling abroad** come see **Mrs. (Wright) Johnston in room 306 after school** to get some information about a trip this summer.
- ❖ Today is the first meeting of **Writer's Club!** If you are interested in writing, hope to get better at writing, want to boost your creativity, or are just curious, come check it out, **right after school in room 304!**
- ❖ **Boys Basketball informational meeting Wednesday, September 4th.**
 - **Room 905 at 8:45am.** All boys planning to try out that are not playing a fall sport should attend. See **Coach Stroh** if you can't attend.
- ❖ Are you interested in music? Come join **Music Club!** The first meeting is **tomorrow in the choir room after school.** All musicians are welcome!
- ❖ Guten Morgen Firebirds! Come check out **German Club** this **Wednesday after school in room 512!** We'll be discussing plans for the year so come give some input!
- ❖ **Staff & students -**
 - **Yoga club** starts on **Tuesday September 10th in room 207 at 3:30.** If you have a mat - bring it but we do have mats you can use.
 - There are many studies which show yoga benefit all bodies. Come give it a try!
- ❖ **Can We Talk** will meet on **September 11th from 8-9am in the small gym.**
- ❖ **Online registration for the PSAT** is now open and will close on **Friday September 13th.** In order to register, students should click on the link provided on the school website under student services.

PLEASE BE PATIENT AND MINDFUL DURING OUR BUILDING CONSTRUCTION PHASE.



Free State Daily Announcements

FRIDAY, AUGUST 30, 2019
HAVE A FABULOUS FRIDAY!
REGULAR SCHEDULE

- ❖ **TODAY'S SCHOOL ACTIVITIES & ATHLETIC EVENTS** – can be found on the **Lawrence Free State Web Site** under the **green tab** that says **Calendars & Schedules**. (The gray Calendar tab is a district calendar)
 - **HOME EVENTS:**
 - **STUCO CLASS MEETING** 9:45am in Auditorium
 - **AWAY EVENTS:**
 - **TENNIS GIRLS JV INVITATIONAL** 3:00pm Emporia HS

- ❖ **LOST & FOUND** -
 - **Lunch boxes, water bottles, eye glasses, keys, electronics, jewelry**, etc. can be found in the **Front Office Room 100**.
 - **Clothing, shoes, backpacks**, etc. can be found in the **Laundry Room Room 816**.

- ❖ **NURSE'S OFFICE** - The Nurse can be found in **Room 206**. Same location, different room number.

- ❖ **PARKING LOT INFORMATION**: Drivers: You are **REQUIRED** to purchase a parking permit to park in our lot. Cars that have been **ticketed multiple times** for not having a permit **may be towed at the owner's expense**. Please **read the regulations sheet that you sign**. Students may park in all areas **except those marked handy capped, staff and the yellow lined parking spaces for reserved for Visitors in the North Parking Lot**. There is to be **no backing in or pulling through a parking spot**. You will be ticketed.

- ❖ Did you know that **Outlook email is gone**? **Disable Outlook** by going to Outlook Preferences > Accounts, then highlight the account and hit the MINUS key at the bottom. **We are now using Gmail**. You still have the same email address as before.

- ❖ Do you have reliable wifi at home? An email **survey will be arriving in your Gmail account on Wednesday, August 28th**. If you wish to check out a hotspot for your high school career, then answer YES to all three questions in the survey. **Mrs. Campbell will contact you when the hotspots arrive**. This is the **ONLY** way to sign up for a hotspot. The survey closes on Wednesday, September 4th, so take the survey as soon as possible.

- ❖ If you are **interested in traveling abroad** come see **Mrs. (Wright) Johnston** in room **306** after school to get some information about a trip this summer.

- ❖ **Boys Basketball informational meeting Wednesday, September 4th**.
 - **Room 905 at 8:45am**. All boys planning to try out that are not playing a fall sport should attend. See **Coach Stroh** if you can't attend.

- ❖ **Can We Talk** first meeting will be **September 11th from 8-9am in room 232**.

- ❖ Online **registration for the PSAT** is now open and will close on **Friday September 13th**. In order to register, students should click on the link provided on the school website under student services.
- ❖ **Fall Sports Information:**
 - Prior to a student-athlete trying-out/participating in a sport, he/she must have a completed registration on Register My Athlete (www.registermyathlete.com).
 - The failure to register will result in a student-athlete's inability to participate.
 - Please note **enrollment instructions** are available on the **Free State Athletics website** (www.freestateathletics.com) under the **"More"** tab.

❖ **Fall Sports Coach Information.** Fall Sports have begun:

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- **Football**
 - Head Coach Kevin Stewart | Kevin.Stewart@usd497.org
- **Girls Golf**
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 - Head Coach Jayme Savage | jasavage@usd497.org

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Free State Daily Announcements

THURSDAY, AUGUST 29, 2019
HAVE A THUNDEROUS THURSDAY!
BLOCK (ODD) SCHEDULE

- ❖ **TODAY'S SCHOOL ACTIVITIES & ATHLETIC EVENTS** – can be found on the **Lawrence Free State Web Site** under the **green tab** that says **Calendars & Schedules**. (The gray Calendar tab is a district calendar)

- **HOME EVENTS:**
 - **STUCO CLASS MEETING 9:45am in Auditorium**
- **AWAY EVENTS:**
 - **TENNIS GIRLS JV INVITATIONAL 3:00pm Emporia HS**

❖ **LOST & FOUND -**

- **Lunch boxes, water bottles, eye glasses, keys, electronics, jewelry, etc.** can be found in the **Front Office Room 100.**
- **Clothing, shoes, backpacks, etc.** can be found in the **Laundry Room Room 816.**

❖ **NURSE'S OFFICE** - The Nurse can be found in **Room 206.** Same location, different room number.

❖ **PARKING LOT INFORMATION:** Drivers: **You are REQUIRED to purchase a parking permit** to park in our lot. Cars that have been **ticketed multiple times** for not having a permit **may be towed at the owner's expense.** Please **read the regulations sheet that you sign.** Students may park in all areas **except those marked handy capped, staff and the yellow lined parking spaces for reserved for Visitors in the North Parking Lot.** There is to be **no backing in or pulling through a parking spot.** You will be ticketed.

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❖ Do you have reliable wifi at home? An email **survey will be arriving in your Gmail account on Wednesday, August 28th.** If you wish to check out a hotspot for your high school career, then answer YES to all three questions in the survey. **Mrs. Campbell will contact you when the hotspots arrive.** This is the **ONLY** way to sign up for a hotspot. The survey closes on Wednesday, September 4th, so take the survey as soon as possible.

❖ If you are **interested in traveling abroad** come see **Mrs. (Wright) Johnston** in room **306** after school to get some information about a trip this summer.

❖ Do you like books and snacks? Come to the **Finer Things Club/ Humanities/ Book Club** in **Mrs. (Wright) Johnston's room** after school in room **306** every Thursday.

❖ Are you worried about the state of our environment? Wanna have fun spreading sustainable ideas around the school? Come to **Environmental Club** **TODAY** right after school in room **427!** We meet every Thursday: same time, same place!

❖ **Boys Basketball informational meeting Wednesday, September 4th.**

- **Room 905 at 8:45am.** All boys planning to try out that are not playing a fall sport should attend. See **Coach Stroh** if you can't attend.

❖ **Can We Talk** first meeting will be **September 11th** from **8-9am** in room **232.**

- ❖ Online **registration for the PSAT** is now open and will close on **Friday September 13th**. In order to register, students should click on the link provided on the school website under student services.
- ❖ **Fall Sports Information:**
 - Prior to a student-athlete trying-out/participating in a sport, he/she must have a completed registration on Register My Athlete (www.registermyathlete.com).
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 - Please note **enrollment instructions** are available on the **Free State Athletics website** (www.freestateathletics.com) under the **"More"** tab.

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Free State Daily Announcements

WEDNESDAY, AUGUST 28, 2019
HAVE A TOP-NOTCH WEDNESDAY!
LATE ARRIVAL (EVEN) SCHEDULE

- ❖ **TODAY'S SCHOOL ACTIVITIES & ATHLETIC EVENTS** – can be found on the **Lawrence Free State Web Site** under the **green tab** that says **Calendars & Schedules**. (The gray Calendar tab is a district calendar)

- ❖ **HOME EVENTS:**
 - **DEBATE INFORMATIONAL MEETING** 6:00pm in Auditorium
 - **SOCCER PROGRAM MEETING** 7:30pm in Gym
- ❖ **AWAY EVENTS:**
 - **NONE**
- ❖ **LOST & FOUND** -
 - **Lunch boxes, water bottles, eye glasses, keys, electronics, jewelry, etc.** can be found in the **Front Office** Room 100.
 - **Clothing, shoes, backpacks, etc.** can be found in the **Laundry Room** Room 816.
- ❖ **NURSE'S OFFICE** - The Nurse can be found in **Room 206**. Same location, different room number.
- ❖ **PARKING LOT INFORMATION:** Please be aware that the **yellow painted parking stalls** are reserved for **VISITORS ONLY**.
 - **Parking permits are required** of all students parking on campus. They are \$10 and can be purchased at the Finance Office window.
 - **All parking lots will be monitored beginning, Monday, Aug 26th.** Parking violations are \$10 each. Please follow the regulations on your 2019-20 Parking Agreement to avoid receiving a ticket.
- ❖ Did you know that **Outlook email is gone**? **Disable Outlook** by going to Outlook Preferences > Accounts, then highlight the account and hit the MINUS key at the bottom. **We are now using Gmail.** You still have the same email address as before.
- ❖ Do you have reliable wifi at home? An email **survey will be arriving in your Gmail account on Wednesday, August 28th.** If you wish to check out a hotspot for your high school career, then answer YES to all three questions in the survey. **Mrs. Campbell will contact you when the hotspots arrive.** This is the **ONLY** way to sign up for a hotspot. The survey closes on Wednesday, September 4th, so take the survey as soon as possible.
- ❖ **GUIDANCE COUNSELORS** are in **Student Services**, Room 105. **Sign up sheets** on their doors or make an **appointment with Cierra Norris**.
 - **Last day for SCHEDULE CHANGES** is **Wednesday, August 28th at 4:00pm.** Mr. Graber will need to approve any changes after that time.
 - Students who had a locker last year need to contact **Cierra Norris in Student Services** in order to keep it, if they have not done so previously. Students who do not contact me by Friday 8/30 will have their lockers cleared out.
- ❖ **Seniors!** **Nominations for homecoming royalty** will be **Tuesday during lunch.** Don't forget to stop by and vote for the candidates you want to represent Free State High School.
- ❖ **Anime Club** will have its first meeting **after school on Tuesday, August 27th in Room 311.** Whether you Naruto-run, fly in on a giant robot, or arrive late with toast in your mouth, we hope to see you there!
- ❖ **Chess club** will be meeting in Mr. Lamb's room after school on **Tuesdays in room 525.**

- ❖ **S.A.L.T. of the Firebirds** - don't forget that our first meeting is at **8am on Wednesday** in the Auditorium! Questions? Please see Miss Faunce.
- ❖ Don't forget to check out our clubs at the **Club Fair** in the commons after school this Wednesday
- ❖ **Thespian Club** will meet in the **Black Box on Wednesday after school from 2:40PM-3:10PM**. Stop by to learn about club events, activities, travel opportunities, and theatre productions.
- ❖ Attention Lady Firebirds - there will be a **Free State Softball Sign-Up** Meeting in the **Auditorium at 2:45pm on Wednesday, August 28th**. Those planning to try-out in the Spring are encouraged to attend.
- ❖ Firebirds! Those interested in joining the **Pre Med Club** should meet in Mr. Dalton's shiny new **room (208) on Wednesday, August 28th at 2:40**. Anyone is welcome to join, and we need your help to kick off the new school year with fun new activities and learning opportunities!
- ❖ Do you like books and snacks? Come to the **Finer Things Club/ Humanities/ Book Club** in **Mrs. (Wright) Johnston's room after school in room 306 every Thursday**.
- ❖ If you are LGBT or would like to show support for the community, YOU should join **Free State's GSA!** We are **meeting TODAY after school in room 516**. See you there!
- ❖ **Can We Talk** first meeting will be **September 11th from 8-9am in room 232**.
- ❖ **Online registration for the PSAT** is now open and will close on **Friday September 13th**. In order to register, students should click on the link provided on the school website under student services.
- ❖ **Fall Sports Information:**
 - Prior to a student-athlete trying-out/participating in a sport, he/she must have a completed registration on Register My Athlete (www.registermyathlete.com).
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- ❖ **Fall Sports Coach Information.** Fall Sports have begun:
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Free State Daily Announcements

TUESDAY, AUGUST 27, 2019
HAVE A TOP-NOTCH TUESDAY!
REGULAR SCHEDULE

- ❖ **TODAY'S SCHOOL ACTIVITIES & ATHLETIC EVENTS** – can be found on the **Lawrence Free State Web Site** under the **green tab** that says **Calendars & Schedules**. (The gray Calendar tab is a district calendar)
- ❖ **HOME EVENTS:**
 - **PICTURE DAY** in Auditorium during English Classes.
 - **SENIORS: HOMECOMING NOMINATIONS** at lunch in Commons.
- ❖ **AWAY EVENTS:**
 - **NONE**
- ❖ **LOST & FOUND** -
 - **Lunch boxes, water bottles, eye glasses, keys, electronics, jewelry**, etc. can be found in the **Front Office Room 100**.
 - **Clothing, shoes, backpacks**, etc. can be found in the **Laundry Room Room 816**.
- ❖ **NURSE'S OFFICE** - The Nurse can be found in **Room 206**. Same location, different room number.
- ❖ **PARKING LOT INFORMATION**: Please be aware that the **yellow painted parking stalls** are reserved for **VISITORS ONLY**.
 - **Parking permits are required** of all students parking on campus. They are \$10 and can be purchased at the Finance Office window.
 - **All parking lots will be monitored beginning, Monday, Aug 26th**. Parking violations are \$10 each. Please follow the regulations on your 2019-20 Parking Agreement to avoid receiving a ticket.
- ❖ **GUIDANCE COUNSELORS** are in **Student Services, Room 105**. **Sign up sheets** on their doors or make an **appointment with Cierra Norris**.
 - **Last day for SCHEDULE CHANGES** is **Wednesday, August 28th at 4:00pm**. Mr. Graber will need to approve any changes after that time.

- Students who had a locker last year need to contact **Cierra Norris in Student Services** in order to keep it, if they have not done so previously. Students who do not contact me by Friday 8/30 will have their lockers cleared out.
- ❖ **SCHOOL PICTURE DAY** will be **Tuesday, August 27th**. These pictures will be used to make students' school ID's, which are necessary to be admitted into many school events. For this reason, students should not adjust their looks on this day by putting anything on their faces or hair that makes them unrecognizable. Thank you!
- ❖ **Seniors! Nominations for homecoming royalty** will be **Tuesday during lunch**. Don't forget to stop by and vote for the candidates you want to represent Free State High School.
- ❖ **Anime Club** will have its first meeting **after school on Tuesday, August 27th in Room 311**. Whether you Naruto-run, fly in on a giant robot, or arrive late with toast in your mouth, we hope to see you there!
- ❖ **Chess club** will be meeting in Mr. Lamb's room after school on **Tuesdays in room 525**.
- ❖ **S.A.L.T. of the Firebirds** - don't forget that our first meeting is at **8am on Wednesday** in the Auditorium! Questions? Please see Miss Faunce.
- ❖ Don't forget to check out our clubs at the **Club Fair** in the commons after school this **Wednesday**
- ❖ **Thespian Club** will meet in the **Black Box on Wednesday after school from 2:40PM-3:10PM**. Stop by to learn about club events, activities, travel opportunities, and theatre productions.
- ❖ Attention Lady Firebirds - there will be a **Free State Softball Sign-Up** Meeting in the **Auditorium at 2:45pm on Wednesday, August 28th**. Those planning to try-out in the Spring are encouraged to attend.
- ❖ Firebirds! Those interested in joining the **Pre Med Club** should meet in Mr. Dalton's shiny new **room (208) on Wednesday, August 28th at 2:40**. Anyone is welcome to join, and we need your help to kick off the new school year with fun new activities and learning opportunities!
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Free State Daily Announcements

**MONDAY, AUGUST 26, 2019
HAVE A MIND-BENDING MONDAY!
REGULAR SCHEDULE**

- ❖ **TODAY'S SCHOOL ACTIVITIES & ATHLETIC EVENTS** – can be found on the **Lawrence Free State Web Site** under the **green tab** that says **Calendars & Schedules**. (The gray Calendar tab is a district calendar)
- ❖ **HOME EVENTS:**
 - **ORCHESTRA FRESHMAN PARENT MEETING** 5:30pm in Orchestra Room
 - **NEW PARENT WELCOME MEETING** 6:00pm in Auditorium
 - **ALL PARENT OPEN HOUSE** 6:30 - 8:00pm
 - Pick up schedule in commons 6:00 - 6:30pm
 - Follow your students class/bell schedule 6:30 - 8:00pm
- ❖ **AWAY EVENTS:**
 - **GOLF GIRLS VARSITY 1ST LEG SUNFLOWER LEAGUE** 1:00pm at Lake Quivira Golf Course
- ❖ **LOST & FOUND** -
 - **Lunch boxes, water bottles, eye glasses, keys, electronics, jewelry, etc.** can be found in the **Front Office Room 100**.
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- ❖ **NURSE'S OFFICE** - The Nurse can be found in **Room 206**. Same location, different room number.
- ❖ **PARKING LOT INFORMATION**: Please be aware that the **yellow painted parking stalls** are reserved for **VISITORS ONLY**.
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- ❖ **GUIDANCE COUNSELORS** are in **Student Services**, Room 105. **Sign up sheets** on their doors or make an **appointment with Cierra Norris**.
 - **Last day for SCHEDULE CHANGES** is **Wednesday, August 28th at 4:00pm**. Mr. Graber will need to approve any changes after that time.
 - Students who had a locker last year need to contact **Cierra Norris in Student Services** in order to keep it, if they have not done so previously. Students who do not contact me by Friday 8/30 will have their lockers cleared out.
- ❖ Hey Firebirds. If you're interested in **Magic: The Gathering**, the first meeting of the year will take place **TODAY after school in room 401**. Be there to get the year off to a great start.
- ❖ **OPEN HOUSE** is **Monday, August 26th**. **NEW PARENTS** are invited to attend a **Welcome Session from 6:00pm - 6:30pm** in the Auditorium. **OPEN HOUSE** will **begin at 6:30pm**. So come at that time, pick up your student's schedule and experience a day in the life of your Free Stater. You will meet teachers and get an idea of the course work. The bell schedule will guide you through the abbreviated day and **end at 8:00pm**.
- ❖ **SCHOOL PICTURE DAY** will be **Tuesday, August 27th**. These pictures will be used to make students' school ID's, which are necessary to be admitted into many school events. For this reason, students should not adjust their looks on this day by putting anything on their faces or hair that makes them unrecognizable. Thank you!
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Free State Daily Announcements

**FRIDAY, AUGUST 23, 2019
HAVE A FIRST-CLASS FRIDAY!
REGULAR SCHEDULE**

- ❖ **TODAY'S SCHOOL ACTIVITIES & ATHLETIC EVENTS** – can be found on the **Lawrence Free State Web Site** under the **green tab** that says **Calendars & Schedules**. (The gray Calendar tab is a district calendar)
- ❖ **HOME EVENTS:**
 - **FALL PLAY AUDITIONS** 3:15 - 5:00pm in the **Black Box**
 - **VOLLEYBALL PARENT MEETING** 6:00pm in **Auditorium**
- ❖ **AWAY EVENTS:**
 - **NONE**
- ❖ **AUDITIONS** for the fall play "Who Poisoned His Meatball?" will be held in the **Black Box** from **3:15-5:00 PM on August 22-23**. Everyone can audition! You do not need to have anything prepared for the audition, just show up and we will help you through it. Information and **sign up** sheets are posted **outside the Black Box room 603**. Email ewaller@usd497.org.
- ❖ **LOST & FOUND** -
 - **Lunch boxes, water bottles, eye glasses, keys, electronics, jewelry**, etc. can be found in the **Front Office Room 100**.
 - **Clothing, shoes, backpacks**, etc. can be found in the **Laundry Room Room 816**.
- ❖ **NURSE'S OFFICE** - The Nurse can be found in **Room 206**. Same location, different room number.
- ❖ **PARKING LOT INFORMATION**: Please be aware that the **yellow painted parking stalls** are reserved for **VISITORS ONLY**. You will be ticketed beginning Aug 23rd if you park there, as mentioned in the announcement, Aug 22nd.
 - **Parking permits are required** of all students parking on campus. They are \$10 and can be purchased at the Finance Office window.
 - **All parking lots will be monitored beginning, Monday, Aug 26th**. Parking violations are \$10 each. Please follow the regulations on your 2019-20 Parking Agreement to avoid receiving a ticket.
- ❖ **GUIDANCE COUNSELORS** are in **Student Services**, Room 105. **Sign up sheets** on their doors or make an **appointment with Cierra Norris**.
 - **Last day for SCHEDULE CHANGES** is **Wednesday, August 28th at 4:00pm**. Mr. Graber will need to approve any changes after that time.
 - Students who had a locker last year need to contact **Cierra Norris in Student Services** in order to keep it, if they have not done so previously. Students who do not contact me by Friday 8/30 will have their lockers cleared out.
- ❖ **OPEN HOUSE** is **Monday, August 26th**. **NEW PARENTS** are invited to attend a **Welcome Session from 6:00pm - 6:30pm** in the Auditorium. **Open House will begin at 6:30pm**. So come at that time, pick up your student's schedule and experience a day in the life of your Free Stater. You will meet teachers and get an idea of the course work. The bell schedule will guide you through the abbreviated day and **end at 8:00pm**.
- ❖ **SCHOOL PICTURE DAY** will be **Tuesday, August 27th**. These pictures will be used to make students' school ID's, which are necessary to be admitted into many school events. For this reason, students should not adjust their looks on this day by putting anything on their faces or hair that makes them unrecognizable. Thank you!

- ❖ Attention Lady Firebirds - there will be a **Free State Softball Sign-Up** Meeting in the **Auditorium at 2:45pm on Wednesday, August 28th**. Those planning to try-out in the Spring are encouraged to attend.
- ❖ Firebirds! Those interested in joining the **Pre Med Club** should meet in Mr. Dalton's shiny new **room (208) on Wednesday, August 28th at 2:40**. Anyone is welcome to join, and we need your help to kick off the new school year with fun new activities and learning opportunities!
- ❖ **Online registration for the PSAT** is now open and will close on **Friday September 13th**. In order to register, students should click on the link provided on the school website under student services.
- ❖ **Fall Sports Information:**
 - Prior to a student-athlete trying-out/participating in a sport, he/she must have a completed registration on Register My Athlete (www.registermyathlete.com).
 - The failure to register will result in a student-athlete's inability to participate.
 - Please note **enrollment instructions** are available on the **Free State Athletics website** (www.freestateathletics.com) under the **"More"** tab.
- ❖ **Fall Sports Coach Information.** Fall Sports have begun:
 - **Boys & Girls Cross Country**
 - Head Coach Steve Heffernan | sheffern@usd497.org
 - **Football**
 - Head Coach Kevin Stewart | Kevin.Stewart@usd497.org
 - **Girls Golf**
 - Head Coach Layne Meyer | lmeyer@usd497.org
 - **Gymnastics**
 - Head Coach Katrina Farrow | kfarrow@usd497.org
 - **Boys Soccer**
 - Head Coach Hussam Mohammed | Hussam.Mohammed@usd497.org
 - **Girls Tennis**
 - Head Coach Aaron Clark | Randy.Clark@usd497.org
 - **Volleyball**
 - Head Coach Jayme Savage | jasavage@usd497.org

PLEASE BE PATIENT AND MINDFUL DURING OUR BUILDING CONSTRUCTION PHASE.



Free State Daily Announcements

TUESDAY, AUGUST 20, 2019
HAVE A TITILLATING TUESDAY!
FRESHMAN & TRANSFER STUDENT ORIENTATION

- ❖ **TODAY'S SCHOOL ACTIVITIES & ATHLETIC EVENTS** – can be found on the **Lawrence Free State Web Site** under the **green tab** that says **Calendars & Schedules**. (The gray Calendar tab is a district calendar)

- ❖ **HOME EVENTS:**
 - **FRESHMAN ORIENTATION** - 8:00am - 1:00pm in Gym
 - **ACTIVITIES FAIR** - 12:30pm - 1:00pm in Commons
 - **TRANSFER SENIORS, JUNIORS & SOPHOMORES ORIENTATION** - 1:00pm - 3:00pm in Auditorium

- ❖ **AWAY EVENTS:**
 - NONE

- ❖ **Guidance Counselors** can be seen by appointment only. Please call **Student Services Secretary Cierra Norris** at **785-330-1640** or Free State at 785-832-6050 to make appointment.
 - Last day for **SCHEDULE CHANGES** is **Wednesday, August 28th at 4:00pm**. Mr. Graber will need to approve any changes after that time.

- ❖ **LINK Crew:**
 - **Freshman orientation day is Tuesday, August 20th. Be there at 7:00 AM sharp**, as the Freshmen arrive at 8:00. Orientation will end at 1:00pm.

- ❖ **Fall Sports Information:**
 - Prior to a student-athlete trying-out/participating in a sport, he/she must have a completed registration on Register My Athlete (www.registermyathlete.com).
 - The failure to register will result in a student-athlete's inability to participate.
 - Please note **enrollment instructions** are available on the **Free State Athletics website** (www.freestateathletics.com) under the **"More"** tab.

- ❖ **Fall Sports Try-outs & Coach Information.** Fall Sports begin Monday, Aug 19th:
 - **Boys & Girls Cross Country**
 - Head Coach Steve Heffernan | sheffern@usd497.org
 - **Football**
 - Head Coach Kevin Stewart | Kevin.Stewart@usd497.org
 - **Girls Golf**
 - Head Coach Layne Meyer | lmeyer@usd497.org
 - **Gymnastics**
 - Head Coach Katrina Farrow | kfarrow@usd497.org
 - **Boys Soccer**
 - Head Coach Hussam Mohammed | Hussam.Mohammed@usd497.org
 - **Girls Tennis**
 - Head Coach Aaron Clark | Randy.Clark@usd497.org
 - **Volleyball**
 - Head Coach Jayme Savage | jasavage@usd497.org

- ❖ **FALL SEMESTER SCHOOL DELAY**
 - **TUESDAY, August 20**

- **Freshman** Orientation
 - 8:00am Welcome & Campus Tours with LINK Club (meet in Gym)
 - 12:30pm Pizza Luncheon / **Activities & Clubs Fair** (in Commons)
- **Transfer Students (Sophomore, Junior & Senior)** Orientation
 - 12:30pm - **Activities & Clubs Fair** (in Commons)
 - 1:00pm - Welcome & Campus Tours with NHS (meet in Auditorium)

➤ **WEDNESDAY, August 21 - ALL STUDENTS / ALL GRADES**

- **Full Day - Regular Schedule**
- **Lunch times are assigned** according to subject student is attending during 5th hour (4th Hour on Wednesdays). This information will be available soon.

BELL SCHEDULE - WED AUG 21			
Hours	Bell	Lunch	Time
0 Hour	7:00-7:55		
1st Hour	8:00-8:53		
2nd Hour	8:58-9:52		
3rd Hour	9:57-10:50		
4th Hour	10:55-11:48		
5th Hour	11:53-1:14	1st Lunch 2nd Lunch 3rd Lunch 4th Lunch	11:53-12:18 12:12-12:37 12:31-12:56 12:49-1:14
6th Hour	1:19 - 2:12		
7th Hour	12:23-12:48		



- ❖ **LAPTOP CHECK OUT** will be available for **Freshman** and **Transfer Students** on **August 20th** during orientation and all **UPPERCLASSMAN** on **August 21st 2:00 to 4:00 pm**.
- ❖ **OPEN HOUSE** is **Monday, August 26th**. **NEW PARENTS** are invited to attend a **Welcome Session from 6:00pm - 6:30pm** in the Auditorium. **Open House will begin at 6:30pm**. So come at that time, pick up your student's schedule and experience a day in the life of your Free Stater. You will meet teachers and get an idea of the course work. The bell schedule will guide you through the abbreviated day and **end at 8:00pm**.
- ❖ **PICTURE DAY** will be **Tuesday, August 27th**. Schedule will be available soon.

- ❖ Online **registration for the PSAT** is now open and will close on **Friday September 13th**. In order to register, students should click on the link provided on the school website under student services.

PLEASE BE PATIENT AND MINDFUL DURING OUR BUILDING CONSTRUCTION PHASE.



Free State Daily Announcements

MONDAY, AUGUST 19, 2019
HAVE A MARVELOUS MONDAY!
OFFICE HOURS - 8:00am - 4:00pm

- ❖ **TODAY'S SCHOOL ACTIVITIES & ATHLETIC EVENTS** – can be found on the **Lawrence Free State Web Site** under the **green tab** that says **Calendars & Schedules**. (The gray Calendar tab is a district calendar)
- ❖ **HOME EVENTS:**
 - **GUIDANCE COUNSELORS** AVAILABLE BY APPOINTMENT ONLY.
 - **STAFF WORK DAY**
 - **OFFICE HOURS ARE 8:00am - 4:00pm**
 - **FOOTBALL PRACTICE 3:00pm - 6:30pm** at Football Field
 - **CROSS COUNTRY PRE-PRACTICE 3:30pm - 4:00pm** in Room 906
 - **SOCCER PRACTICE 3:30pm - 7:00pm** at Soccer Field
 - **VOLLEYBALL PRACTICE 3:30pm - 6:00pm** in Gym
- ❖ **AWAY EVENTS:**
 - **NONE**
- ❖ **Guidance Counselors** can be seen by appointment only. Please call Student Services Secretary **Cierra Norris** at **785-330-1640** or Free State at **785-832-6050** to make appointment.
 - **Last day for SCHEDULE CHANGES** is **Wednesday, August 28th at 4:00pm**. Mr. Graber will need to approve any changes after that time.
- ❖ **LINK Crew:**
 - **Freshman orientation day is Tuesday, August 20th. Be there at 7:00 AM sharp**, as the Freshmen arrive at 8:00. Orientation will end at 1:00pm.
- ❖ **Fall Sports Information:**
 - Prior to a student-athlete trying-out/participating in a sport, he/she must have a completed

registration on Register My Athlete (www.registermyathlete.com).

- The failure to register will result in a student-athlete's inability to participate.
- Please note **enrollment instructions** are available on the **Free State Athletics website** (www.freestateathletics.com) under the "More" tab.

❖ **Fall Sports Try-outs & Coach Information.** Fall Sports begin Monday, Aug 19th:

- **Boys & Girls Cross Country**
 - Head Coach Steve Heffernan | sheffern@usd497.org
 - Team Meeting at 3:30pm in the Free State Weight Room
- **Football**
 - Head Coach Kevin Stewart | Kevin.Stewart@usd497.org
 - Walk-Thru from 7-8am, Practice from 3:30-6:30pm at the Free State Football Field
- **Girls Golf**
 - Head Coach Layne Meyer | lmeyer@usd497.org
 - Tryouts at 3:50pm at Eagle Bend Golf Course
- **Gymnastics**
 - Head Coach Katrina Farrow | kfarrow@usd497.org
 - 3:30pm at Lawrence High School
- **Boys Soccer**
 - Head Coach Hussam Mohammed | Hussam.Mohammed@usd497.org
 - Tryouts from 4-7pm at the Free State Soccer Field
- **Girls Tennis**
 - Head Coach Aaron Clark | Randy.Clark@usd497.org
 - Tryouts at 3pm at the Free State Tennis Courts
- **Volleyball**
 - Head Coach Jayme Savage | jasavage@usd497.org
 - Tryouts from 3:30-5:30pm in the Free State Main Gym

❖ **FALL SEMESTER SCHOOL DELAY**

➤ **TUESDAY, August 20**

- **Freshman** Orientation
 - 8:00am Welcome & Campus Tours with LINK Club (meet in Gym)
 - 12:30pm Pizza Luncheon / **Activities & Clubs Fair** (in Commons)
- **Transfer Students** (**Sophomore**, **Junior** & **Senior**) Orientation
 - 12:30pm - **Activities & Clubs Fair** (in Commons)
 - 1:00pm - **Welcome & Campus Tours with NHS** (meet in Auditorium)

➤ **WEDNESDAY, August 21 - ALL STUDENTS / ALL GRADES**

- **Full Day - Regular Schedule**
- **Lunch times are assigned** according to subject student is attending during 5th hour (4th Hour on Wednesdays). This information will be available soon.

BELL SCHEDULE - WED AUG 21			
Hours	Bell	Lunch	Time
0 Hour	7:00-7:55		
1st Hour	8:00-8:53		

2nd Hour	8:58-9:52		
3rd Hour	9:57-10:50		
4th Hour	10:55-11:48		
5th Hour	11:53-1:14	1st Lunch 2nd Lunch 3rd Lunch 4th Lunch	11:53-12:18 12:12-12:37 12:31-12:56 12:49-1:14
6th Hour	1:19 - 2:12		
7th Hour	12:23-12:48		



- ❖ **LAPTOP CHECK OUT** will be available for **Freshman** and **Transfer Students** on **August 20th** during orientation and all **UPPERCLASSMAN** on **August 21st 2:00 to 4:00 pm**.
- ❖ **OPEN HOUSE** is **Monday, August 26th**. **NEW PARENTS** are invited to attend a **Welcome Session from 6:00pm - 6:30pm** in the Auditorium. **Open House** will **begin at 6:30pm**. So come at that time, pick up your student's schedule and experience a day in the life of your Free Stater. You will meet teachers and get an idea of the course work. The bell schedule will guide you through the abbreviated day and **end at 8:00pm**.
- ❖ **PICTURE DAY** will be **Tuesday, August 27th**. Schedule will be available soon.
- ❖ Online **registration for the PSAT** is now open and will close on **Friday September 13th**. In order to register, students should click on the link provided on the school website under student services.

PLEASE BE PATIENT AND MINDFUL DURING OUR BUILDING CONSTRUCTION PHASE.



Free State Daily Announcements

FRIDAY, AUGUST 16, 2019

HAVE A FASCINATING FRIDAY!
OFFICE HOURS - 8:00am - 4:00pm

- ❖ **TODAY'S SCHOOL ACTIVITIES & ATHLETIC EVENTS** – can be found on the **Lawrence Free State Web Site** under the **green tab** that says **Calendars & Schedules**. (The gray Calendar tab is a district calendar)

- ❖ **HOME EVENTS:**
 - **GUIDANCE COUNSELORS AVAILABLE BY APPOINTMENT ONLY.**
 - **STAFF WORK DAY**
 - **OFFICE HOURS ARE 8:00am - 4:00pm**

- ❖ **AWAY EVENTS:**
 - **NONE**

- ❖ **Guidance Counselors** can be seen from today - August 19 by appointment only during these dates. They will be attending professional developments, meetings and pre-arranged appointments. **Please call Student Services Secretary Cierra Norris at 785-330-1640** or Free State at 785-832-6050 to make appointment. **Please** feel free to call or stop by to **make an appointment ahead of time.**
 - **Last day for SCHEDULE CHANGES** is **Wednesday, August 28th at 4:00pm.** Mr. Graber will need to approve any changes after that time.

- ❖ **LINK Crew:** We have moved the **second training date to Sunday, August 18th, 12:30 - 4:30 PM.**
 - Please enter through the large gym doors by the Firebird on both training days.
 - **Freshman orientation day is Tuesday, August 20th. Be there at 7:00 AM sharp,** as the Freshmen arrive at 8:00.

- ❖ **Fall Sports Information:**
 - Prior to a student-athlete trying-out/participating in a sport, he/she must have a completed registration on Register My Athlete (www.registermyathlete.com).
 - The failure to register will result in a student-athlete's inability to participate.
 - Please note **enrollment instructions** are available on the **Free State Athletics website** (www.freestateathletics.com) under the **"More" tab.**

- ❖ **Fall Sports Try-outs & Coach Information.** Fall Sports begin Monday, Aug 19th:
 - **Boys & Girls Cross Country**
 - Head Coach Steve Heffernan | sheffern@usd497.org
 - Team Meeting at 3:30pm in the Free State Weight Room
 - **Football**
 - Head Coach Kevin Stewart | Kevin.Stewart@usd497.org
 - Walk-Thru from 7-8am, Practice from 3:30-6:30pm at the Free State Football Field
 - **Girls Golf**
 - Head Coach Layne Meyer | lmeyer@usd497.org
 - Tryouts at 3:50pm at Eagle Bend Golf Course
 - **Gymnastics**
 - Head Coach Katrina Farrow | kfarrow@usd497.org
 - 3:30pm at Lawrence High School
 - **Boys Soccer**
 - Head Coach Hussam Mohammed | Hussam.Mohammed@usd497.org
 - Tryouts from 4-7pm at the Free State Soccer Field
 - **Girls Tennis**

- Head Coach Aaron Clark | Randy.Clark@usd497.org
- Tryouts at 3pm at the Free State Tennis Courts

➤ **Volleyball**

- Head Coach Jayme Savage | jasavage@usd497.org
- Tryouts from 3:30-5:30pm in the Free State Main Gym

❖ **FALL SEMESTER SCHOOL DELAY**

➤ **TUESDAY, August 20**

- **Freshman** Orientation
 - 8:00am Welcome & Campus Tours with LINK Club (meet in Gym)
 - 12:30pm Pizza Luncheon / **Activities & Clubs Fair** (in Commons)
- **Transfer Students (Sophomore, Junior & Senior)** Orientation
 - 12:30pm - Activities & Clubs Fair (in Commons)
 - 1:00pm - Welcome & Campus Tours with NHS (meet in Auditorium)

➤ **WEDNESDAY, August 21 - ALL STUDENTS / ALL GRADES**

- **Full Day - Regular Schedule**
- **Lunch times are assigned** according to subject student is attending during 5th hour (4th Hour on Wednesdays). This information will be available soon.

BELL SCHEDULE - WED AUG 21			
Hours	Bell	Lunch	Time
0 Hour	7:00-7:55		
1st Hour	8:00-8:53		
2nd Hour	8:58-9:52		
3rd Hour	9:57-10:50		
4th Hour	10:55-11:48		
5th Hour	11:53-1:14	1st Lunch 2nd Lunch 3rd Lunch 4th Lunch	11:53-12:18 12:12-12:37 12:31-12:56 12:49-1:14
6th Hour	1:19 - 2:12		
7th Hour	12:23-12:48		



- ❖ **LAPTOP CHECK OUT** will be available for **Freshman** and Transfer Students on August 20th during orientation and all **UPPERCLASSMAN** on August 21st 2:00 to 4:00 pm.

- ❖ **OPEN HOUSE** is Monday, August 26th. **NEW PARENTS** are invited to attend a **Welcome Session from 6:00pm - 6:30pm** in the Auditorium. **Open House will begin at 6:30pm.** So come at that time, pick up your student's schedule and experience a day in the life of your Free Stater. You will meet teachers and get an idea of the course work. The bell schedule will guide you through the abbreviated day and **end at 8:00pm.**
- ❖ **PICTURE DAY** will be Tuesday, August 27th. Schedule will be available soon.
- ❖ Online **registration for the PSAT** is now open and will close on **Friday September 13th.** In order to register, students should click on the link provided on the school website under student services.

PLEASE BE PATIENT AND MINDFUL DURING OUR BUILDING CONSTRUCTION PHASE.



Free State Daily Announcements

THURSDAY, AUGUST 15, 2019
 HAVE A THRILLING THURSDAY!
 OFFICE HOURS - 8:00am - 4:00pm

- ❖ **TODAY'S SCHOOL ACTIVITIES & ATHLETIC EVENTS** – can be found on the Lawrence Free State Web Site under the green tab that says **Calendars & Schedules.** (The gray Calendar tab is a district calendar)
- ❖ **HOME EVENTS:**
 - **GUIDANCE COUNSELORS AVAILABLE BY APPOINTMENT ONLY.**
 - **ADMINISTRATORS / CERTIFIED STAFF UNAVAILABLE** due to Professional Development
 - **OFFICE HOURS ARE 8:00am - 4:00pm**
 - **GIRLS TENNIS PARENT MEETING 6:00pm in Black Box**
- ❖ **AWAY EVENTS:**
 - **NONE**
- ❖ **Guidance Counselors can be seen from August 15 - August 19 by appointment** only at during **these dates.** They will be attending professional developments, meetings and pre-arranged appointments. **Please call Student Services Secretary Cierra Norris at 785-330-1640** or Free

State at 785-832-6050 to make appointment. **Please** feel free to call or stop by to **make an appointment ahead of time.**

- ❖ **LINK Crew:** We have moved the **second training date to Sunday, August 18th, 12:30 - 4:30 PM.**
 - Please enter through the large gym doors by the Firebird on both training days.
 - **Freshman orientation day is Tuesday, August 20th. Be there at 7:00 AM sharp, as the Freshmen arrive at 8:00.**

- ❖ **Online registration for the PSAT** will open **Monday August 12th and close on Friday September 13th.** In order to register, students should click on the link provided on the school website under student services.

❖ **FALL SEMESTER SCHOOL DELAY**

➢ **TUESDAY, August 20**

- **Freshman Orientation**
 - 8:00am Welcome & Campus Tours with LINK Club (meet in Gym)
 - 12:30pm Pizza Luncheon / Activities & Clubs Fair (in Commons)
- **Transfer Students (Sophomore, Junior & Senior) Orientation**
 - 12:30pm - Activities & Clubs Fair (in Commons)
 - 1:00pm - Welcome & Campus Tours with NHS (meet in Auditorium)

➢ **WEDNESDAY, August 21 - ALL STUDENTS / ALL GRADES**

- Full Day - Regular Schedule
- Lunch times are assigned according to subject student is attending during 5th hour (4th Hour on Wednesdays). This information will be available soon.

BELL SCHEDULE - WED AUG 21			
Hours	Bell	Lunch	Time
0 Hour	7:00-7:55		
1st Hour	8:00-8:53		
2nd Hour	8:58-9:52		
3rd Hour	9:57-10:50		
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6th Hour	1:19 - 2:12		

7th Hour	12:23-12:48		
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- ❖ **LAPTOP CHECK OUT** will be available for Freshman and Transfer Students on August 20th during orientation and all upperclassmen on August 21st 2:00 to 4:00 pm.
- ❖ **OPEN HOUSE is Monday, August 26th. New Parents are invited to attend a Welcome session from 6:00pm - 6:30pm in the Auditorium. Open House will begin at 6:30pm. So come at that time, pick up your student's schedule and experience a day in the life of your Free Stater. You will meet teachers and get an idea of the course work. The bell schedule will guide you through the abbreviated day and end at 8:00pm.**
- ❖ **PICTURE DAY will be Tuesday, August 27th. Schedule will be available soon.**

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