



# Free State Daily Announcements

THURSDAY, AUGUST 22, 2019  
HAVE A THEATRICAL THURSDAY!  
REGULAR SCHEDULE

- ❖ **TODAY'S SCHOOL ACTIVITIES & ATHLETIC EVENTS** – can be found on the **Lawrence Free State Web Site** under the **green tab** that says **Calendars & Schedules**. (The gray Calendar tab is a district calendar)
- ❖ **HOME EVENTS:**
  - **FALL PLAY AUDITIONS** 3:15 - 5:00pm in the Black Box
  - **VOLLEYBALL PARENT MEETING** 6:00pm in Auditorium
- ❖ **AWAY EVENTS:**
  - NONE
- ❖ **AUDITIONS** for the fall play "Who Poisoned His Meatball?" will be held in the **Black Box** from **3:15-5:00 PM on August 22-23**. Everyone can audition! You do not need to have anything prepared for the audition, just show up and we will help you through it. Information and **sign up** sheets are posted **outside the Black Box room 603**. Email [ewaller@usd497.org](mailto:ewaller@usd497.org).
- ❖ **Guidance Counselors** can be seen by appointment only from 7:30 - 4:00.
  - Last day for **SCHEDULE CHANGES** is **Wednesday, August 28th at 4:00pm**. Mr. Graber will need to approve any changes after that time.
  - Students who had a locker last year need to contact **Cierra Norris in Student Services** in order to keep it, if they have not done so previously. Students who do not contact me by Friday 8/30 will have their lockers cleared out.

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- ❖ **OPEN HOUSE** is **Monday, August 26th**. **NEW PARENTS** are invited to attend a **Welcome Session from 6:00pm - 6:30pm** in the Auditorium. **Open House** will **begin at 6:30pm**. So come at that time, pick up your student's schedule and experience a day in the life of your Free Stater. You will meet teachers and get an idea of the course work. The bell schedule will guide you through the abbreviated day and **end at 8:00pm**.
- ❖ **PICTURE DAY** will be **Tuesday, August 27th**. Schedule will be available soon.
- ❖ Attention Lady Firebirds - there will be a **Free State Softball Sign-Up** Meeting in the **Auditorium at 2:45pm on Wednesday, August 28th**. Those planning to try-out in the Spring are encouraged to attend.
- ❖ Online **registration for the PSAT** is now open and will close on **Friday September 13th**. In order to register, students should click on the link provided on the school website under student services.

❖ **Fall Sports Information:**

- Prior to a student-athlete trying-out/participating in a sport, he/she must have a completed registration on Register My Athlete ([www.registermyathlete.com](http://www.registermyathlete.com)).
  - The failure to register will result in a student-athlete’s inability to participate.
- Please note **enrollment instructions** are available on the **Free State Athletics website** ([www.freestateathletics.com](http://www.freestateathletics.com)) under the “**More**” tab.

❖ **Fall Sports Coach Information.** Fall Sports have begun:

- **Boys & Girls Cross Country**
  - Head Coach Steve Heffernan | [sheffern@usd497.org](mailto:sheffern@usd497.org)
- **Football**
  - Head Coach Kevin Stewart | [Kevin.Stewart@usd497.org](mailto:Kevin.Stewart@usd497.org)
- **Girls Golf**
  - Head Coach Layne Meyer | [lmeyer@usd497.org](mailto:lmeyer@usd497.org)
- **Gymnastics**
  - Head Coach Katrina Farrow | [kfarrow@usd497.org](mailto:kfarrow@usd497.org)
- **Boys Soccer**
  - Head Coach Hussam Mohammed | [Hussam.Mohammed@usd497.org](mailto:Hussam.Mohammed@usd497.org)
- **Girls Tennis**
  - Head Coach Aaron Clark | [Randy.Clark@usd497.org](mailto:Randy.Clark@usd497.org)
- **Volleyball**
  - Head Coach Jayme Savage | [jasavage@usd497.org](mailto:jasavage@usd497.org)

**PLEASE BE PATIENT AND MINDFUL DURING OUR BUILDING CONSTRUCTION PHASE.**



❖ **DAILY ANNOUNCEMENT COLOR KEY:**

COLOR KEY	
ACTIVITY	COLOR
All School	Green
Seniors	Yellow
Juniors	Orange
Sophomore	Red
Freshman	Cyan
Student Clubs	Blue
Student Services	Purple
Social Awareness	Magenta
Art Depart.	Pink
Athletics	Light Green
Career & Tech	Light Orange
English	Yellow-Orange
Fine Arts	Light Blue

Math Depart.	
PE Depart.	
Science Dept.	
Social Studies	
SPED Dept.	
World Language	



# Free State Daily Announcements

TUESDAY, AUGUST 20, 2019

HAVE A TITILLATING TUESDAY!

## FRESHMAN & TRANSFER STUDENT ORIENTATION

- ❖ **TODAY'S SCHOOL ACTIVITIES & ATHLETIC EVENTS** – can be found on the **Lawrence Free State Web Site** under the **green tab** that says **Calendars & Schedules**. (The gray Calendar tab is a district calendar)
- ❖ **HOME EVENTS:**
  - **FRESHMAN ORIENTATION** - 8:00am - 1:00pm in Gym
  - **ACTIVITIES FAIR** - 12:30pm - 1:00pm in Commons
  - **TRANSFER SENIORS, JUNIORS & SOPHOMORES ORIENTATION** - 1:00pm - 3:00pm in Auditorium
- ❖ **AWAY EVENTS:**
  - NONE
- ❖ **Guidance Counselors** can be seen by appointment only. Please call **Student Services Secretary Cierra Norris** at 785-330-1640 or Free State at 785-832-6050 to make appointment.
  - Last day for **SCHEDULE CHANGES** is **Wednesday, August 28th at 4:00pm**. Mr. Graber will need to approve any changes after that time.
- ❖ **LINK Crew:**
  - **Freshman orientation day is Tuesday, August 20th. Be there at 7:00 AM sharp**, as the Freshmen arrive at 8:00. Orientation will end at 1:00pm.
- ❖ **Fall Sports Information:**
  - Prior to a student-athlete trying-out/participating in a sport, he/she must have a completed registration on Register My Athlete ([www.registermyathlete.com](http://www.registermyathlete.com)).
    - The failure to register will result in a student-athlete's inability to participate.
  - Please note **enrollment instructions** are available on the **Free State Athletics website** ([www.freestateathletics.com](http://www.freestateathletics.com)) under the **"More" tab**.

❖ **Fall Sports Try-outs & Coach Information.** Fall Sports begin Monday, Aug 19th:

- **Boys & Girls Cross Country**
  - Head Coach Steve Heffernan | [sheffern@usd497.org](mailto:sheffern@usd497.org)
- **Football**
  - Head Coach Kevin Stewart | [Kevin.Stewart@usd497.org](mailto:Kevin.Stewart@usd497.org)
- **Girls Golf**
  - Head Coach Layne Meyer | [lmeyer@usd497.org](mailto:lmeyer@usd497.org)
- **Gymnastics**
  - Head Coach Katrina Farrow | [kfarrow@usd497.org](mailto:kfarrow@usd497.org)
- **Boys Soccer**
  - Head Coach Hussam Mohammed | [Hussam.Mohammed@usd497.org](mailto:Hussam.Mohammed@usd497.org)
- **Girls Tennis**
  - Head Coach Aaron Clark | [Randy.Clark@usd497.org](mailto:Randy.Clark@usd497.org)
- **Volleyball**
  - Head Coach Jayme Savage | [jasavage@usd497.org](mailto:jasavage@usd497.org)

❖ **FALL SEMESTER SCHOOL DELAY**

- **TUESDAY, August 20**
  - **Freshman** Orientation
    - 8:00am Welcome & Campus Tours with LINK Club (meet in Gym)
    - 12:30pm Pizza Luncheon / **Activities & Clubs Fair** (in Commons)
  - **Transfer Students (Sophomore, Junior & Senior)** Orientation
    - 12:30pm - **Activities & Clubs Fair** (in Commons)
    - 1:00pm - **Welcome & Campus Tours with NHS** (meet in Auditorium)
- **WEDNESDAY, August 21 - ALL STUDENTS / ALL GRADES**
  - **Full Day - Regular Schedule**
  - **Lunch times are assigned** according to subject student is attending during 5th hour (4th Hour on Wednesdays). This information will be available soon.

<b>BELL SCHEDULE - WED AUG 21</b>			
<b>Hours</b>	<b>Bell</b>	<b>Lunch</b>	<b>Time</b>
<b>0 Hour</b>	<b>7:00-7:55</b>		
<b>1st Hour</b>	<b>8:00-8:53</b>		
<b>2nd Hour</b>	<b>8:58-9:52</b>		
<b>3rd Hour</b>	<b>9:57-10:50</b>		
<b>4th Hour</b>	<b>10:55-11:48</b>		
<b>5th Hour</b>	<b>11:53-1:14</b>	<b>1st Lunch</b> <b>2nd Lunch</b> <b>3rd Lunch</b> <b>4th Lunch</b>	<b>11:53-12:18</b> <b>12:12-12:37</b> <b>12:31-12:56</b> <b>12:49-1:14</b>
<b>6th Hour</b>	<b>1:19 - 2:12</b>		

7th Hour	12:23-12:48		
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- ❖ **LAPTOP CHECK OUT** will be available for **Freshman** and **Transfer Students** on **August 20th** during orientation and all **UPPERCLASSMAN** on **August 21st 2:00 to 4:00 pm**.
- ❖ **OPEN HOUSE** is **Monday, August 26th**. **NEW PARENTS** are invited to attend a **Welcome Session from 6:00pm - 6:30pm** in the Auditorium. **Open House** will **begin at 6:30pm**. So come at that time, pick up your student's schedule and experience a day in the life of your Free Stater. You will meet teachers and get an idea of the course work. The bell schedule will guide you through the abbreviated day and **end at 8:00pm**.
- ❖ **PICTURE DAY** will be **Tuesday, August 27th**. Schedule will be available soon.
- ❖ **Online registration for the PSAT** is now open and will close on **Friday September 13th**. In order to register, students should click on the link provided on the school website under student services.

**PLEASE BE PATIENT AND MINDFUL DURING OUR BUILDING CONSTRUCTION PHASE.**



# Free State Daily Announcements

**MONDAY, AUGUST 19, 2019**  
**HAVE A MARVELOUS MONDAY!**  
**OFFICE HOURS - 8:00am - 4:00pm**

- ❖ **TODAY'S SCHOOL ACTIVITIES & ATHLETIC EVENTS** – can be found on the **Lawrence Free State Web Site** under the **green tab** that says **Calendars & Schedules**. (The gray Calendar tab is a district calendar)
- ❖ **HOME EVENTS:**
  - **GUIDANCE COUNSELORS** AVAILABLE BY APPOINTMENT ONLY.
  - **STAFF WORK DAY**
  - **OFFICE HOURS ARE 8:00am - 4:00pm**
  - **FOOTBALL PRACTICE 3:00pm - 6:30pm** at Football Field

- **CROSS COUNTRY PRE-PRACTICE** 3:30pm - 4:00pm in Room 906
- **SOCCER PRACTICE** 3:30pm - 7:00pm at Soccer Field
- **VOLLEYBALL PRACTICE** 3:30pm - 6:00pm in Gym

❖ **AWAY EVENTS:**

- NONE

- ❖ **Guidance Counselors** can be seen by appointment only. Please call Student Services Secretary Cierra Norris at 785-330-1640 or Free State at 785-832-6050 to make appointment.
- Last day for **SCHEDULE CHANGES** is **Wednesday, August 28th at 4:00pm**. Mr. Graber will need to approve any changes after that time.

❖ **LINK Crew:**

- Freshman orientation day is **Tuesday, August 20th. Be there at 7:00 AM sharp**, as the Freshmen arrive at 8:00. Orientation will end at 1:00pm.

❖ **Fall Sports Information:**

- Prior to a student-athlete trying-out/participating in a sport, he/she must have a completed registration on Register My Athlete ([www.registermyathlete.com](http://www.registermyathlete.com)).
  - The failure to register will result in a student-athlete's inability to participate.
- Please note **enrollment instructions** are available on the **Free State Athletics website** ([www.freestateathletics.com](http://www.freestateathletics.com)) under the **"More"** tab.

❖ **Fall Sports Try-outs & Coach Information.** Fall Sports begin Monday, Aug 19th:

- **Boys & Girls Cross Country**
  - Head Coach Steve Heffernan | [sheffern@usd497.org](mailto:sheffern@usd497.org)
  - Team Meeting at 3:30pm in the Free State Weight Room
- **Football**
  - Head Coach Kevin Stewart | [Kevin.Stewart@usd497.org](mailto:Kevin.Stewart@usd497.org)
  - Walk-Thru from 7-8am, Practice from 3:30-6:30pm at the Free State Football Field
- **Girls Golf**
  - Head Coach Layne Meyer | [lmeyer@usd497.org](mailto:lmeyer@usd497.org)
  - Tryouts at 3:50pm at Eagle Bend Golf Course
- **Gymnastics**
  - Head Coach Katrina Farrow | [kfarrow@usd497.org](mailto:kfarrow@usd497.org)
  - 3:30pm at Lawrence High School
- **Boys Soccer**
  - Head Coach Hussam Mohammed | [Hussam.Mohammed@usd497.org](mailto:Hussam.Mohammed@usd497.org)
  - Tryouts from 4-7pm at the Free State Soccer Field
- **Girls Tennis**
  - Head Coach Aaron Clark | [Randy.Clark@usd497.org](mailto:Randy.Clark@usd497.org)
  - Tryouts at 3pm at the Free State Tennis Courts
- **Volleyball**
  - Head Coach Jayme Savage | [jasavage@usd497.org](mailto:jasavage@usd497.org)
  - Tryouts from 3:30-5:30pm in the Free State Main Gym

❖ **FALL SEMESTER SCHOOL DELAY**

- **TUESDAY, August 20**
  - **Freshman Orientation**
    - 8:00am Welcome & Campus Tours with LINK Club (meet in Gym)
    - 12:30pm Pizza Luncheon / **Activities & Clubs Fair** (in Commons)

- **Transfer Students (Sophomore, Junior & Senior) Orientation**
  - 12:30pm - Activities & Clubs Fair (in Commons)
  - 1:00pm - Welcome & Campus Tours with NHS (meet in Auditorium)

➤ **WEDNESDAY, August 21 - ALL STUDENTS / ALL GRADES**

- **Full Day - Regular Schedule**
- **Lunch times are assigned** according to subject student is attending during 5th hour (4th Hour on Wednesdays). This information will be available soon.

<b>BELL SCHEDULE - WED AUG 21</b>			
<b>Hours</b>	<b>Bell</b>	<b>Lunch</b>	<b>Time</b>
0 Hour	7:00-7:55		
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6th Hour	1:19 - 2:12		
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- ❖ **OPEN HOUSE** is **Monday, August 26th**. **NEW PARENTS** are invited to attend a **Welcome Session from 6:00pm - 6:30pm** in the Auditorium. **Open House will begin at 6:30pm**. So come at that time, pick up your student's schedule and experience a day in the life of your Free Stater. You will meet teachers and get an idea of the course work. The bell schedule will guide you through the abbreviated day and **end at 8:00pm**.
- ❖ **PICTURE DAY** will be **Tuesday, August 27th**. Schedule will be available soon.
- ❖ **Online registration for the PSAT** is now open and will close on **Friday September 13th**. In order to register, students should click on the link provided on the school website under student services.

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# Free State Daily Announcements

FRIDAY, AUGUST 16, 2019  
HAVE A FASCINATING FRIDAY!  
OFFICE HOURS - 8:00am - 4:00pm

- ❖ **TODAY'S SCHOOL ACTIVITIES & ATHLETIC EVENTS** – can be found on the **Lawrence Free State Web Site** under the **green tab** that says **Calendars & Schedules**. (The gray Calendar tab is a district calendar)
- ❖ **HOME EVENTS:**
  - **GUIDANCE COUNSELORS AVAILABLE BY APPOINTMENT ONLY.**
  - **STAFF WORK DAY**
  - **OFFICE HOURS ARE 8:00am - 4:00pm**
- ❖ **AWAY EVENTS:**
  - **NONE**
- ❖ **Guidance Counselors** can be seen from today - August 19 by appointment only during these dates. They will be attending professional developments, meetings and pre-arranged appointments. **Please call Student Services Secretary Cierra Norris at 785-330-1640** or Free State at 785-832-6050 to make appointment. **Please** feel free to call or stop by to **make an appointment ahead of time.**
  - **Last day for SCHEDULE CHANGES** is **Wednesday, August 28th at 4:00pm.** Mr. Graber will need to approve any changes after that time.
- ❖ **LINK Crew:** We have moved the **second training date to Sunday, August 18th, 12:30 - 4:30 PM.**
  - Please enter through the large gym doors by the Firebird on both training days.
  - **Freshman orientation day is Tuesday, August 20th. Be there at 7:00 AM sharp,** as the Freshmen arrive at 8:00.
- ❖ **Fall Sports Information:**
  - Prior to a student-athlete trying-out/participating in a sport, he/she must have a completed registration on Register My Athlete ([www.registermyathlete.com](http://www.registermyathlete.com)).
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  - Tryouts at 3pm at the Free State Tennis Courts
- **Volleyball**
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  - Tryouts from 3:30-5:30pm in the Free State Main Gym

❖ **FALL SEMESTER SCHOOL DELAY**

- **TUESDAY, August 20**
  - **Freshman** Orientation
    - 8:00am Welcome & Campus Tours with LINK Club (meet in Gym)
    - 12:30pm Pizza Luncheon / **Activities & Clubs Fair** (in Commons)
  - **Transfer Students (Sophomore, Junior & Senior)** Orientation
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<b>BELL SCHEDULE - WED AUG 21</b>			
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# Free State Daily Announcements

**THURSDAY, AUGUST 15, 2019**  
**HAVE A THRILLING THURSDAY!**  
**OFFICE HOURS - 8:00am - 4:00pm**

- ❖ **TODAY'S SCHOOL ACTIVITIES & ATHLETIC EVENTS** – can be found on the Lawrence Free State Web Site under the green tab that says **Calendars & Schedules**. (The gray Calendar tab is a district calendar)
- ❖ **HOME EVENTS:**
  - **GUIDANCE COUNSELORS AVAILABLE BY APPOINTMENT ONLY.**
  - **ADMINISTRATORS / CERTIFIED STAFF UNAVAILABLE** due to Professional Development
  - **OFFICE HOURS ARE 8:00am - 4:00pm**
  - **GIRLS TENNIS PARENT MEETING 6:00pm in Black Box**
- ❖ **AWAY EVENTS:**
  - **NONE**
- ❖ **Guidance Counselors can be seen from August 15 - August 19 by appointment only at during these dates.** They will be attending professional developments, meetings and pre-arranged appointments. **Please call Student Services Secretary Cierra Norris at 785-330-1640** or Free State at 785-832-6050 to make appointment. **Please feel free to call or stop by to make an appointment ahead of time.**
- ❖ **LINK Crew:** We have moved the **second training date to Sunday, August 18th, 12:30 - 4:30 PM.**
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- ❖ **LAPTOP CHECK OUT** will be available for Freshman and Transfer Students on August 20th during orientation and all upperclassmen on August 21st 2:00 to 4:00 pm.
- ❖ **OPEN HOUSE is Monday, August 26th. New Parents are invited to attend a Welcome session from 6:00pm - 6:30pm in the Auditorium. Open House will begin at 6:30pm. So come at that time, pick up your student's schedule and experience a day in the life of your Free Stater. You will meet teachers and get an idea of the course work. The bell schedule will guide you through the abbreviated day and end at 8:00pm.**
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