

**FRIDAY, JANUARY 11, 2019
HAVE A FIRST-RATE FRIDAY!
REGULAR SCHEDULE**

- ❖ **TODAY'S SCHOOL ACTIVITIES & ATHLETIC EVENTS** – can be found on the Lawrence Free State Web Site under the **green tab** that says **Calendars & Schedules**. (The gray Calendar tab is a district calendar)
 - **HOME EVENTS:**
 - **BOWLING JV INVITATIONAL 8:00AM @ Royal Crest Lanes**
 - **BOWLING VARSITY INVITATIONAL 8:00AM @ Royal Crest Lanes**
 - **AWAY EVENTS:**
 - **WRESTLING VARSITY TOURNAMENT 11:30AM @ Basehor Linwood HS**
 - **BASKETBALL GIRLS JV 4:00PM @ Olathe Northwest HS**
 - **BASKETBALL BOYS SOPHOMORE 4:00PM @ Olathe Northwest HS**
 - **BASKETBALL BOYS JV 5:15PM @ Olathe Northwest HS**
 - **BASKETBALL GIRLS VARSITY 5:30PM @ Olathe Northwest HS**
 - **BASKETBALL BOYS FRESHMAN 5:30PM @ Olathe Northwest HS**
 - **BASKETBALL GIRLS C-TEAM 7:00PM @ Olathe Northwest HS**
 - **BASKETBALL BOYS VARSITY 7:00PM @ Olathe Northwest HS**

- ❖ **Congratulations to the Free State Boys Swim and Dive Team on your 1st place finish at the last home varsity meet and senior night. The Firebirds won 10 of the 12 events and Free State won all three relays.** Jake Viscomi, Chad Anderson, Reilley Moore, and Riley Sirimongkhon-Dyck captured 1st place in the 200 Medley Relay. Reilley Moore, Chad Anderson, Brady Flynn, and Ben Vorthmann made up the winning 200 Free Relay. And the 400 Free Relay team was Brady Flynn, David Stuart, Riley Sirimongkhon-Dyck, and Ben Vorthmann. Outstanding individual performances included: Ben Vorthmann 1st in the 200 Individual Medley and 100 Butterfly, Reilley Moore 1st in the 100 Free and 100 Backstroke, Chad Anderson 1st in the 200 Free and 2nd in the 100 Breaststroke, Devon Lyle 1st in the 500 Free and 3rd in the 100 Breaststroke, Riley Sirimongkhon-Dyck 1st in the 100 Breaststroke and 3rd in the 100 Butterfly, Brady Flynn 2nd in the 50 Free and 100 Free, Jake Viscomi 2nd in the 100 Backstroke and 3rd in the 50 Free, and Jack Keathley-Helms 2nd in Diving. **Everyone contributed to the team's success.**

- ❖ **Visitors to Free State for the week of January 8 - 11:**
 - Friday - Creighton University and University of North Texas

- ❖ **Do you enjoying playing guitar, writing music, and singing songs? Come join the musicians club.** We get together **every Monday after school in room 215** to teach each other songs, learn about new genres of music, and geek out in general about all things music! All styles welcome. Bring your axe! **See Robbie Matthews or George Byers if you have questions.**

- ❖ **Attention Scholars Bowl Members:** If you were **unable to attend practice on Tuesday please stop by Coach Strawderman's Room** sometime this week to sign up for January tournaments.

- ❖ Do you like being out in nature. Do you like the excitement of the catch? If so come **to Fishing's Future Club next Tuesday January 15th at 3.15 pm after school in the commons.** We will be working with Members of Clinton Lake association group Learning Knot tying and Fly fishing practice. We are learning cool skills for spring which is right around the corner.

- ❖ **Can We Talk will meet on January 16th from 8-9 am in the library classroom.**

- ❖ **Curious about yoga?** Come give it a try...we will be meeting on **Thursdays this semester in Room 203 from 3:15 to 4:15.** Question? Find **Ms Everett in the library** she's be happy to answer any! Mats are provided.
- ❖ If you are **interested in reading Michele Obama's new book, Becoming,** then join other **Free State students and Women of Color,** as they conduct a book study of this highly acclaimed book. **See Ms. Kenoly in room 315F, or fill out an information form from the library** to indicate your interest.
- ❖ **Any junior or senior student interested in taking the ASVAB (Armed Services Vocational Aptitude Battery) exam will need to sign up in Student Services. The ASVAB will be given Wednesday, February 6th, from 8:00 a.m. until 11:30 a.m. in the Free State Library.** We have 30 slots available on a first-come-first-serve basis, so stop by Student Services to sign up. If you have questions or concerns, please see Mr. Hile in Student Services.

PLEASE BE PATIENT AND MINDFUL DURING OUR BUILDING CONSTRUCTION PHASE.

