



▶ Board of Education Goal II. Enhance programming and supports to meet the varied academic, social, emotional, and behavioral needs of each student

▶ *Sub goal 2. Survey and hold focus group conversations with staff, students, parents, and other community stakeholders to gain feedback on modifications to school start times, school day schedules, and the school calendar.*

Survey from Seattle Public Schools

- ▶ Contracted with Hanover Research to develop survey and associated research & analytics
- ▶ Administered survey to various stakeholder groups
 - ▶ Parents
 - ▶ Staff
 - ▶ Community Members
- ▶ Presented three defined scenarios that stakeholders reacted to
- ▶ Same set of questions for each scenario

Seattle Public Schools Scenario 1

- ▶ No Change - Start and End of School Times Remain the Same
- ▶ Tier 1 7:50 A.M. - 2:20 P.M.
- ▶ High Schools / Middle Schools / one K-8 School
- ▶ Tier 2 8:40 A.M. - 2:50 P.M.
- ▶ Some Elementary Schools
- ▶ 8:40 A.M. - 3:10 P.M.
- ▶ High Schools / K-8 Schools
- ▶ Tier 3 9:30 A.M. - 3:40 P.M.
- ▶ Elementary Schools
- ▶ 9:30 A.M. - 4:00 P.M.
- ▶ K-8 Schools
- ▶ With this option, there would be no change to the school schedule. While there would be no impact to families in terms of adjusting schedules (academics, child care, athletics, student employment), this action would not be in alignment with current sleep research.
- ▶ This option does not support the American Academy of Pediatrics (AAP) guidelines for Middle and High School students starting class no earlier than 8:30 A.M.
- ▶ Current partnerships with educational, government and community organizations would remain the same.
- ▶ Overall, this option would be cost neutral.

Scenario 2:

- ▶ **Modified Flip - Elementary Starts Earlier and High School and Middle School Starts Later**
- ▶ **Tier 1 8:00 A.M. - 2:10 P.M.**
- ▶ **Most Elementary Schools**
- ▶ **Tier 2 8:50 A.M. - 3:00 P.M.**
- ▶ **Some Elementary Schools**
- ▶ **8:50 A.M. - 3:20 P.M.**
- ▶ **High Schools**
- ▶ **Tier 3 9:40 A.M. - 4:10 P.M.**
- ▶ **Middle Schools / K-8 Schools**
- ▶ **This option would have most of the district's elementary schools start earlier. Middle school families would have a much later start time.**
- ▶ **This option supports the American Academy of Pediatrics (AAP) guidelines for Middle and High School students starting class no earlier than 8:30 A.M.**
- ▶ **This modified flip would lengthen the afterschool period for elementary students and may cause an increase in need for parents/families to find afternoon childcare. Afterschool programs and partners would need to adjust schedules to align with this new time.**
- ▶ **This option is estimated to increase transportation costs ~9% or \$2.97 million**

Scenario 3:

- ▶ Extended High School Day - Student Option to Start at 7:50 or 8:40 A.M.
- ▶ Tier 1 7:50 A.M. - 2:20 P.M.
- ▶ High Schools / Middle Schools / one K-8 School
- ▶ Tier 2 8:40 A.M. - 2:50 P.M.
- ▶ Some Elementary Schools
- ▶ 8:40 A.M. - 3:10 P.M.
- ▶ High Schools / K-8 Schools
- ▶ Tier 3 9:30 A.M. - 3:40 P.M.
- ▶ Elementary Schools
- ▶ 9:30 A.M. - 4:00 P.M.
- ▶ K-8 Schools
- ▶ In this option, high schools would run periods 1 - 7 schedule, and support student choice. High school students could choose to either attend periods 1 through 6 starting at 7:50 A.M. and ending at 2:20 P.M., or attend periods 2 through 7, starting class later at 8:40 am and ending the day at 3:10 pm. Impact to student schedules would include academics, athletics, after school activities, and employment.
- ▶ This option would allow choice for students and families, supporting the AAP guidelines with an optional start time. This option would leave adolescents in Middle School at the same start time of 7:50 A.M.
- ▶ This option is estimated to increase transportation costs ~19% or \$6.5 million

Survey

Parents
Community
Staff

Language		Race/Ethnicity	
	Sample Size		Sample Size
	English		Valid Cases
	Chinese		White
	Spanish		Asian
	Vietnamese		Multi-Racial
	Somali		Hispanic/Latino(a)
	Tagalog		Black or African American
	Amharic		American Indian or Alaska Native
	Oromo		Native Hawaiian or other Pacific Islander
			Prefer not to answer
School Type		What educational region do you live in?	
	Sample Size		Sample Size
	Valid Cases		Central
	Elementary School (K-5)		Northeast
	K-8 School		Northwest
	Middle School (6-8)		Prefer not to answer
	High School (9-12)		Southeast
			West Seattle
What mode of transportation does/do your child(ren) currently use to		How satisfied are you with the current bell schedules?	
	Sample Size		Sample Size
	Valid Cases		Very Satisfied
	Adult drives to school		Satisfied
	Walk		Neutral
	School bus		Dissatisfied
	Public transportation		Very Dissatisfied
	Child or child's friend drives to school		
	Other		

How would this proposed schedule change impact:

My family's routines (family time, meal prep, etc.)	
	Sample Size
	Positive
	Neutral
	Negative
Child(ren)'s before-school transportation	
	Sample Size
	Positive
	Neutral
	Negative
Child(ren)'s after-school transportation	
	Sample Size
	Positive
	Neutral
	Negative
My or my child(ren)'s school -related after-school activities (sports, tu	
	Sample Size
	Positive
	Neutral
	Negative
My or my child(ren)'s non-school-related after-school activities (spor	
	Sample Size
	Positive
	Neutral
	Negative
Child(ren)'s before-school care	
	Sample Size
	Positive
	Neutral
	Negative

Child(ren)'s after-school care	
	Sample Size
	Positive
	Neutral
	Negative
Child(ren)'s job	
	Sample Size
	Positive
	Neutral
	Negative
Traffic (pick up/drop off times, commuting to/from work)	
	Sample Size
	Positive
	Neutral
	Negative
Time spent on homework	
	Sample Size
	Positive
	Neutral
	Negative
My or my child(ren)'s participation in activities that jointly use school f	
sports, meetings, etc.)	
	Sample Size
	Positive
	Neutral
	Negative
My family's household expenses	
	Sample Size
	Positive
	Neutral
	Negative

This change in school start and end times will positively impact my child(ren)'s academics	
Sample Size	
<i>Top 2</i>	
Strongly Agree	
Agree	
Neither Agree Nor Disagree	
Disagree	
Strongly Disagree	
This change in school start and end times will positively impact my child(ren)'s sleep and wellbeing	
Sample Size	
<i>Top 2</i>	
Strongly Agree	
Agree	
Neither Agree Nor Disagree	
Disagree	
Strongly Disagree	
This change in school start and end times will positively impact my child(ren)'s safety	
Sample Size	
<i>Top 2</i>	
Strongly Agree	
Agree	
Neither Agree Nor Disagree	
Disagree	
Strongly Disagree	
This change in school start and end times will positively impact general education funds (i.e., save money)	
Sample Size	
<i>Top 2</i>	
Strongly Agree	
Agree	
Neither Agree Nor Disagree	
Disagree	
Strongly Disagree	



Questions for administrative staff
and board discussion to plan next
steps with this goal

