



USD 497 Mental Health Services

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District Goal: Enhance programming and supports to meet the varied academic, social, emotional, and behavioral needs of each student.

Ci3T (Comprehensive, Integrated Three-Tiered System of Supports

#5. Continue to explore needs and improve District Mental Health Services.

Benefits of School Mental Health

Creates efficiency and coordination of services among school mental health professionals and community service providers;

Provide social and emotional supports through building Mental Health Teams and Student Services;

Early identification of mental health or social emotional challenges through a referral process that all building staff have access to;

Provide better access to services, including services provided by the Bert Nash WRAP Program for students with serious emotional or behavioral challenges;

Crisis Intervention supports;

Reduce the stigma associated with mental health treatment by informing students of services available in the school and community;

Prevention education for all students using the Ci3T model: Social Skills curriculum (Positive Action & Connect with Kids), PBIS, Trauma Informed Care, and Restorative Practices

Supporting Mental Health needs of our Students

Building Teams meet Weekly/Bi-weekly

Students Referred by Teachers, Staff or Parents

Mental Health Teams use the SSRS-IE Screener for Tier 2 or Tier 3 Supports

Classroom presentations on Self-Care, Stress Management & Suicide Prevention

Social Skill Groups

Trauma Informed Care Modules

Trauma Smart – Early Childhood Program

Students returning from Hospitals, we have a Reintegration Plan

Crisis Intervention

Suicide Intervention Procedures

Collaborate and Refer Students to the WRAP Program or Community Agencies

[Student Services](#)

Building Service Providers

Administrators

School Counselors

School Psychologists

School Social Workers

Parent Facilitators

School Nurses

WRAP Specialist (LHS, FSHS, Middle Schools, New York & Sunflower, Woodlawn
& Pinckney, Kennedy & Prairie Park)



Student Services

Tiered System of Supports

Tier III
Individual Interventions, Individual meetings with School Counselor, Social Worker, Referral to WRAP or Outside Service Provider, and Collaboration with Family

Tier III
FEW

Tier II
SOME

Effective Individual & Group Interventions
Co-Planning Strategies with Student, Teacher, Family & Community Providers

Tier I
ALL

Positive Action, Connect with Kids
Relationship Building, Mental Health & Wellness
Prevention Education, Trauma Informed Care, Restorative Practices

Academic

Behavioral

Social

EXCELLENCE • EQUITY • ENGAGEMENT

Primary Tier Preventative

Educational & Mental Health Services

District wide Suicide Prevention & Intervention Training

Social Skills Curriculum – Positive Action & Connect with Kids

Trauma Informed Care

Prevention Education – stress & anxiety management, self-regulation and calming skills

Health Curriculum – Student Suicide Prevention Education, Stress Management,

Yellow Ribbon Suicide Prevention Training

Bullying Prevention



Second Tier – Early Intervention

Counseling, Educational, Psychological & Social Services

Small Group Skill Development & Counseling

Crisis Response Interventions

Positive Behavior Supports & Intervention Plans

Student Improvement & Support Teams

Building Mental Health Referral Process

Referrals and Links to community agencies/services

Parent Consultation



Student Services

Tier Three – Sustained Interventions

Counseling, Educational, Psychological and Social Services

School, Staff and Family Consultation

Individual counseling

Resource Acquisition for student and family

Agency Collaboration

Crisis Support

Referral to the WRAP Program or local service provider



Student Services

District Collaboration with Community Services

Bert Nash

DCF

Heartland Health Care

KU Child & Family Clinic

Headquarters

KVC

The Care Center

Local Shelters

Court Services

Marillac

Douglas County Suicide Prevention Coalition

Childhood Trauma Collaborative

Crittenton

Private Therapist

Douglas County Suicide Prevention Coalition

Thinking Ahead

Consistent Mental Health & Social Emotional Tier I interventions

Move from Trauma Informed to Trauma Responsive Schools

Restorative Practices

Develop Calming Rooms

Parent Education Opportunities

Stress Management for District Staff



Student Services

Professional Development

- **Supporting Internalizing Behaviors**
- **Understanding Complex Developmental Trauma**
- **Trauma Informed Care Modules**
- **Fall School Counselors Conference**
- **Suicide Prevention**
- **Childhood Poverty & The Kansas Child Welfare Crisis**
- **Youth Mental Health First Aid**
- **TASN – School Mental Health Conference**
- **Human & Sexual Trafficking**
- **Bridging to Resilience**
- **Applied Suicide Intervention Skills Training (ASIST)**
- **Midwest Symposium for Leadership in Behavior Disorders**
- **Kansas MTSS Symposium**
- **Darkness to Light – Sexual Abuse Training**
- **Mandatory Reporting (DCF)**
- **Managing Acting Out Behaviors**
- **How to Manage My Stress**
- **Understanding Anxiety in Schools**
- **7th Annual Psychological Trauma Conference (New York & Hillcrest Staff, Summer 2017)**
- **KIPCOR – Restorative Practice (LMCMS Staff)**
- **Johnson County Suicide Prevention 5th Annual School Training**
- **Beyond Consequences: Trauma Informed School Conference (St. Louis, Summer 2017)**