

Wellness

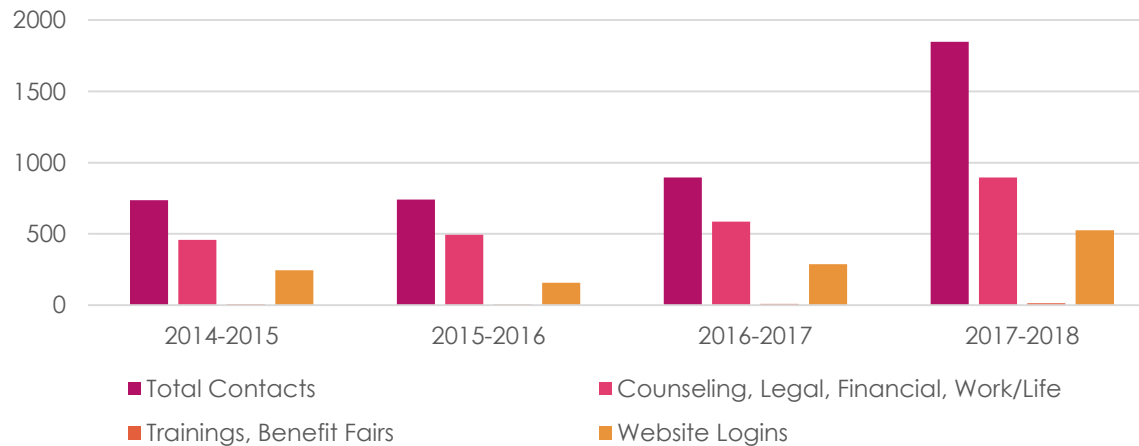


Employees Assistant Program New Directions



EAP Usage				
	2014-2015	2015-2016	2016-2017	2017-2018
Total Contacts	737	741	895	1849
Counseling, Legal, Financial, Work/Life	458	493	585	896
Trainings, Benefit Fairs	6	3	8	12
Website Logins	244	156	286	524

EAP Data



The increase in total contacts in 2017-2018 is due to the dedicated training of our classified staff.

Staff Wellness Goals

- ▶ Increase wellness related opportunities to classified staff
- ▶ Provide a communication plan, flowchart, and room designation in each building for nursing mothers
- ▶ Increase the awareness of EAP benefits
- ▶ Increase the number of flu shots across the district
- ▶ Implement two free district wellness fairs
- ▶ Increase the number of nutrition and healthy eating classes available to all staff

Wellness for All

