

To: Board of Education

From: Paula Murrish, director, food services & purchasing, ext. 2706
Denise Johnson, coordinator, health & wellness curriculum, ext. 2371
Lindsey Morgan, supervisor & registered dietitian, food services, ext. 2663
Jennie Lazarus, coordinator, outdoor education, ext. 1667

Re: USD 497 Nutrition & Wellness Initiatives

Date: April 20, 2017

Background:

When students are fit, properly nourished, and living healthy lifestyles, they are better able to attend school on a regular basis, concentrate during the school day, and perform well academically.

Current Report:

This report will update the Board of Education on district goals toward wellness and food service department initiatives for the 2016-2017 school year. Areas of focus will be the completion of The Alliance for a Healthier Generation, growth of the farm to school program, developments in Physical Education, current Food Service Department initiatives, and Health and Nutrition curriculum components.