

# New York Knightly News

November 2019



## Calendar

**November 1st**  
NO SCHOOL

**November 4th**  
Book Fair Begins

**November 5th**  
Book Fair\* See times on back  
Chess Club

**November 6th**  
Book Fair\* See times on back  
Marathon Club  
Parent /Teacher Conferences

**November 7th**  
NO SCHOOL  
Book Fair\* See times on back  
Parent /Teacher Conferences

**November 8th**  
NO SCHOOL

**November 12th**  
Chess Club

**November 13th**  
Marathon Club

**November 14th**  
Student Leaders Club  
2nd/3rd Grade Music Program 6:15

**November 19th**  
Chess Club

**November 20th**  
Last Marathon Club until Spring

**November 21st**  
Student Leaders Club 3:05  
PTA Meeting 6:00  
Site Council Meeting 7:00

**November 26th**  
Chess Club

**November 27th - 29th**  
Fall Break—NO SCHOOL

NEW YORK ELEMENTARY  
936 NEW YORK ST.  
LAWRENCE, KS 66044  
785-832-5780  
FAX: 785-832-5784

## September Success Celebration



The following students have shown what it is like to be a New York Knight! Congratulations to the following students: Ruby Fisher, Chris Strickland, Wren Jay, Deacon Bonee, Breanna Whitmore, Sequoia Gulotta, Garrett Rogers, Davyne Robinson, Kirby Bell, Lucy Law, Demoree Davis, Kenneth Cooper and Persephony Davis.

## October Success Celebration



The following students have shown what it is like to be a New York Knight! Congratulations to the following students: Abe Alspaugh, Sopie Miller, Eloise McKeever, E.J. Bonee, Jackson Robinson, Ari Kamat, Mira Love-Schaumburg, Rowyn Bowlin, Paighen Marvin, Flynn Isaacs, Lana Miller and Khloe Spencer. \*Not pictured Helen Morse



Remember to set your clocks back 1 hour on Sunday, November 3rd

## Parent Teacher Conferences

Parent Teacher Conferences are Wednesday, November 6th and Thursday, November 7th. Please check with your student's teacher for your conference time.



## Book Fair

Monday, November 4th 8:00AM-10:00AM Set Up  
3:00-4:00pm

Tuesday, November 5th 7:30AM-9:00AM  
2:30PM-3:30PM

Wednesday, November 6th 7:30AM-8:00AM  
1:30PM-7:15PM

Thursday, November 7th 8:00AM-5:30PM  
5:30-7:30PM Tear Down/Clean Up



## Lunch Time and Learning Pockets

- The only Learning Pocket to be used for lunch is the one in front of the library. Students may choose one friend to join them (this includes if a Parent is with them).
- Reading Buddies may use the library.



We have had several reports of students not using the crosswalk on 11th St (in between New York and New Jersey streets) properly! PLEASE talk with your students about the importance of pushing the crosswalk button and waiting until they have the hand signal before they cross the street! We want all our students to be safe as they travel to and from school!



BOYS & GIRLS CLUB

If you need to contact Boys and Girls Club please reach out to Naqari Harris at (785) 865-6177 or [newyork@bgclk.org](mailto:newyork@bgclk.org)



To stay up to date with everything going on at school, make sure to "Like" New York Elementary and "Like" New York PTA



# November 2019

New York Elementary  
Breakfast

Breakfast Prices Paid: \$1.75 Reduced: \$0.30 Adult: \$2.40

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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1



PreK-5

8



PreK-5

7



PreK-5

6

- Biscuits & Gravy w/ Pork Sausage Patty
- Maple & Brown Sugar Oatmeal w/ Whole Grain Biscuit or Peanut Butter
- Cereal**
- Served w/ Whole Grain Biscuit
- Frosted Mini Wheats
- Cheerios
- Cinnamon Toast Crunch-reduced sugar
- Honey Nut Chex
- Fruit option- rotated daily:**
- Sliced peaches - Sliced pears - Fruit Cocktail - Mandarin Oranges - Applesauce - Grapefruit - Strawberries - Mango - Pineapple -
- 100% Juice- 4 oz**
- Apple Juice
- Grape Juice
- Orange Juice
- Milk offered:**
- Milk- 1%
- Milk- 1% Chocolate
- Milk- Skim White

5

- Egg & Cheese Biscuit
- Maple & Brown Sugar Oatmeal w/ Whole Grain Biscuit or Peanut Butter
- Cereal**
- Served w/ Whole Grain Biscuit
- Frosted Mini Wheats
- Cheerios
- Cinnamon Toast Crunch-reduced sugar
- Honey Nut Chex
- Fruit option- rotated daily:**
- Sliced peaches - Sliced pears - Fruit Cocktail - Mandarin Oranges - Applesauce - Grapefruit - Strawberries - Mango - Pineapple -
- 100% Juice- 4 oz**
- Apple Juice
- Grape Juice
- Orange Juice
- Milk offered:**
- Milk- 1%
- Milk- 1% Chocolate
- Milk- Skim White

4

- Pancake & Sausage Rollup
- Maple & Brown Sugar Oatmeal w/ Whole Grain Biscuit or Peanut Butter
- Cereal**
- Served w/ Whole Grain Biscuit
- Frosted Mini Wheats
- Cheerios
- Cinnamon Toast Crunch-reduced sugar
- Honey Nut Chex
- Fruit option- rotated daily:**
- Sliced peaches - Sliced pears - Fruit Cocktail - Mandarin Oranges - Applesauce - Grapefruit - Strawberries - Mango - Pineapple -
- 100% Juice- 4 oz**
- Apple Juice
- Grape Juice
- Orange Juice
- Milk offered:**
- Milk- 1%
- Milk- 1% Chocolate
- Milk- Skim White



- Sausage Biscuit Sandwich
- Maple & Brown Sugar Oatmeal w/ Whole Grain Biscuit or Peanut Butter

**Cereal**

- Served w/ Whole Grain Biscuit
- Frosted Mini Wheats
- Cheerios
- Cinnamon Toast Crunch-reduced sugar
- Honey Nut Chex

**Fruit option-rotated daily:**

- Sliced peaches - Sliced pears - Fruit Cocktail - Mandarin Oranges - Applesauce - Grapefruit - Strawberries - Mango - Pineapple -

**100% Juice- 4 oz**

- Apple Juice
- Grape Juice
- Orange Juice

**Milk offered:**

- Milk- 1%
- Milk- 1% Chocolate
- Milk- Skim White

- Breakfast Taco
- Maple & Brown Sugar Oatmeal w/ Whole Grain Biscuit or Peanut Butter

**Cereal**

- Served w/ Whole Grain Biscuit
- Frosted Mini Wheats
- Cheerios
- Cinnamon Toast Crunch-reduced sugar
- Honey Nut Chex

**Fruit option-rotated daily:**

- Sliced peaches - Sliced pears - Fruit Cocktail - Mandarin Oranges - Applesauce - Grapefruit - Strawberries - Mango - Pineapple -

**100% Juice- 4 oz**

- Apple Juice
- Grape Juice
- Orange Juice

**Milk offered:**

- Milk- 1%
- Milk- 1% Chocolate
- Milk- Skim White

- Whole Grain Bagel w/ Scrambled Eggs
- Maple & Brown Sugar Oatmeal w/ Whole Grain Biscuit or Peanut Butter

**Cereal**

- Served w/ Whole Grain Biscuit
- Frosted Mini Wheats
- Cheerios
- Cinnamon Toast Crunch-reduced sugar
- Honey Nut Chex

**Fruit option-rotated daily:**

- Sliced peaches - Sliced pears - Fruit Cocktail - Mandarin Oranges - Applesauce - Grapefruit - Strawberries - Mango - Pineapple -

**100% Juice- 4 oz**

- Apple Juice
- Grape Juice
- Orange Juice

**Milk offered:**

- Milk- 1%
- Milk- 1% Chocolate
- Milk- Skim White

- French Toast Sticks w/ Strawberry Yogurt or Strawberry & Banana Yogurt
- Maple & Brown Sugar Oatmeal w/ Whole Grain Biscuit or Peanut Butter

**Cereal**

- Served w/ Whole Grain Biscuit
- Frosted Mini Wheats
- Cheerios
- Cinnamon Toast Crunch-reduced sugar
- Honey Nut Chex

**Fruit option-rotated daily:**

- Sliced peaches - Sliced pears - Fruit Cocktail - Mandarin Oranges - Applesauce - Grapefruit - Strawberries - Mango - Pineapple -

**100% Juice- 4 oz**

- Apple Juice
- Grape Juice
- Orange Juice

**Milk offered:**

- Milk- 1%
- Milk- 1% Chocolate
- Milk- Skim White

- Breakfast Pizza
- Maple & Brown Sugar Oatmeal w/ Whole Grain Biscuit or Peanut Butter

**Cereal**

- Served w/ Whole Grain Biscuit
- Frosted Mini Wheats
- Cheerios
- Cinnamon Toast Crunch-reduced sugar
- Honey Nut Chex

**Fruit option-rotated daily:**

- Sliced peaches - Sliced pears - Fruit Cocktail - Mandarin Oranges - Applesauce - Grapefruit - Strawberries - Mango - Pineapple -

**100% Juice- 4 oz**

- Apple Juice
- Grape Juice
- Orange Juice

**Milk offered:**

- Milk- 1%
- Milk- 1% Chocolate
- Milk- Skim White

- Pancake & Sausage Rollup
- Maple & Brown Sugar Oatmeal w/ Whole Grain Biscuit or Peanut Butter

**Cereal**

- Served w/ Whole Grain Biscuit
- Frosted Mini Wheats
- Cheerios
- Cinnamon Toast Crunch-reduced sugar
- Honey Nut Chex

**Fruit option-rotated daily:**

- Sliced peaches - Sliced pears - Fruit Cocktail - Mandarin Oranges - Applesauce - Grapefruit - Strawberries - Mango - Pineapple -

**100% Juice- 4 oz**

- Apple Juice
- Grape Juice
- Orange Juice

**Milk offered:**

- Milk- 1%
- Milk- 1% Chocolate
- Milk- Skim White

- Egg & Cheese Biscuit
- Maple & Brown Sugar Oatmeal w/ Whole Grain Biscuit or Peanut Butter

**Cereal**

- Served w/ Whole Grain Biscuit
- Frosted Mini Wheats
- Cheerios
- Cinnamon Toast Crunch-reduced sugar
- Honey Nut Chex

**Fruit option-rotated daily:**

- Sliced peaches - Sliced pears - Fruit Cocktail - Mandarin Oranges - Applesauce - Grapefruit - Strawberries - Mango - Pineapple -

**100% Juice- 4 oz**

- Apple Juice
- Grape Juice
- Orange Juice

**Milk offered:**

- Milk- 1%
- Milk- 1% Chocolate
- Milk- Skim White

- Biscuits & Gravy w/ Pork Sausage Patty
- Maple & Brown Sugar Oatmeal w/ Whole Grain Biscuit or Peanut Butter

**Cereal**

- Served w/ Whole Grain Biscuit
- Frosted Mini Wheats
- Cheerios
- Cinnamon Toast Crunch-reduced sugar
- Honey Nut Chex

**Fruit option-rotated daily:**

- Sliced peaches - Sliced pears - Fruit Cocktail - Mandarin Oranges - Applesauce - Grapefruit - Strawberries - Mango - Pineapple -

**100% Juice- 4 oz**

- Apple Juice
- Grape Juice
- Orange Juice

**Milk offered:**

- Milk- 1%
- Milk- 1% Chocolate
- Milk- Skim White

- Breakfast chicken & biscuit sandwich
- Maple & Brown Sugar Oatmeal w/ Whole Grain Biscuit or Peanut Butter

**Cereal**

- Served w/ Whole Grain Biscuit
- Frosted Mini Wheats
- Cheerios
- Cinnamon Toast Crunch-reduced sugar
- Honey Nut Chex

**Fruit option-rotated daily:**

- Sliced peaches - Sliced pears - Fruit Cocktail - Mandarin Oranges - Applesauce - Grapefruit - Strawberries - Mango - Pineapple -

**100% Juice- 4 oz**

- Apple Juice
- Grape Juice
- Orange Juice

**Milk offered:**

- Milk- 1%
- Milk- 1% Chocolate
- Milk- Skim White

- Breakfast Egg & Cheese Quesadilla
- Maple & Brown Sugar Oatmeal w/ Whole Grain Biscuit or Peanut Butter

**Cereal**

- Served w/ Whole Grain Biscuit
- Frosted Mini Wheats
- Cheerios
- Cinnamon Toast Crunch-reduced sugar
- Honey Nut Chex

**Fruit option-rotated daily:**

- Sliced peaches - Sliced pears - Fruit Cocktail - Mandarin Oranges - Applesauce - Grapefruit - Strawberries - Mango - Pineapple -

**100% Juice- 4 oz**

- Apple Juice
- Grape Juice
- Orange Juice

**Milk offered:**

- Milk- 1%
- Milk- 1% Chocolate
- Milk- Skim White

- Sausage Biscuit Sandwich
  - Maple & Brown Sugar Oatmeal w/ Whole Grain Biscuit or Peanut Butter
- Cereal**
- Served w/ Whole Grain Biscuit
  - Frosted Mini Wheats
  - Cheerios
  - Cinnamon Toast Crunch-reduced sugar
  - Honey Nut Chex
- Fruit option- rotated daily:**
- Sliced peaches - Sliced pears - Fruit
  - Cocktail - Mandarin Oranges - Applesauce - Grapefruit - Strawberries - Mango - Pineapple -
- 100% Juice- 4 oz**
- Apple Juice
  - Grape Juice
  - Orange Juice
- Milk offered:**
- Milk- 1%
  - Milk- 1% Chocolate
  - Milk- Skim White

- Breakfast Taco
  - Maple & Brown Sugar Oatmeal w/ Whole Grain Biscuit or Peanut Butter
- Cereal**
- Served w/ Whole Grain Biscuit
  - Frosted Mini Wheats
  - Cheerios
  - Cinnamon Toast Crunch-reduced sugar
  - Honey Nut Chex
- Fruit option- rotated daily:**
- Sliced peaches - Sliced pears - Fruit
  - Cocktail - Mandarin Oranges - Applesauce - Grapefruit - Strawberries - Mango - Pineapple -
- 100% Juice- 4 oz**
- Apple Juice
  - Grape Juice
  - Orange Juice
- Milk offered:**
- Milk- 1%
  - Milk- 1% Chocolate
  - Milk- Skim White



PreK-12



PreK-12



PreK-12

Menus are Subject to Change: We do our best to serve the menus that are posted, but sometimes things happen and adjustments have to be made.

More Details: [usc497.nutrislice.com/menu/new-york-elementary/breakfast/](http://usc497.nutrislice.com/menu/new-york-elementary/breakfast/)  
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# November 2019

Lunch Prices Paid: \$2.75 Reduced: \$0.40 Adult: \$3.70

New York Elementary  
Lunch

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

1

4

- Cheese Pizza
- PB&J Sandwich w/ Mozzarella string cheese
- Yogurt Parfait w/ Granola
- Chef Salad w/ Breadstick
- Parmesan roasted Broccoli
- Fresh Sliced Pears
- Salad Bar:**
  - Romaine Lettuce - Baby Carrots - Sliced Tomatoes - Cucumber
  - Milk- Skim White
  - Milk- 1%
  - Milk- 1% Chocolate

5

- Chicken Lo Mein
- Sabra Hummus Cup w/ Colby Cheese Stick & Flatbread
- PB&J Sandwich w/ Mozzarella string cheese
- Chef Salad w/ Breadstick
- Roasted Cauliflower
- Frozen 100% Fruit Juice
- Salad Bar:**
  - Romaine Lettuce - Baby Carrots - Pepper Sticks, Bell - Green Peas
  - Milk offered:**
    - Milk- Skim White
    - Milk- 1%
    - Milk- 1% Chocolate

6

- Grilled Cheese Sandwich
- Sabra Hummus Cup w/ Colby Cheese Stick & Flatbread
- PB&J Sandwich w/ Mozzarella string cheese
- Chef Salad w/ Breadstick
- Green Beans
- Applesauce
- Salad Bar:**
  - Romaine Lettuce - Baby Carrots - Radish - Cucumber
  - Milk offered:**
    - Milk- Skim White
    - Milk- 1%
    - Milk- 1% Chocolate

7



PreK-5

8



PreK-5

**11**

- Cheeseburger
- Yogurt Parfait w/ Granola
- PB&J Sandwich w/ Mozzarella string cheese
- Chef Salad w/ Breadstick
- Green Beans
- Orange
- Salad Bar:**
  - Romaine Lettuce - Baby Carrots - Celery Sticks - Cauliflower
  - Milk offered:**
    - Milk- Skim White
    - Milk- 1%
    - Milk- 1% Chocolate

**12**

- Chicken Nuggets w/ Roll
- Sabra Hummus Cup w/ Colby Cheese Stick & Flatbread
- PB&J Sandwich w/ Mozzarella string cheese
- Chef Salad w/ Breadstick
- Mashed Potatoes with Chicken Gravy
- Pineapple
- Salad Bar:**
  - Romaine Lettuce - Baby Carrots - Broccoli Florets - Cucumber
  - Milk offered:**
    - Milk- Skim White
    - Milk- 1%
    - Milk- 1% Chocolate

**13**

- French Toast Sticks w/ Pork Sausage Patty
- Yogurt Parfait w/ Granola
- PB&J Sandwich w/ Mozzarella string cheese
- Chef Salad w/ Breadstick
- Oven Potatoes
- Mango
- Salad Bar:**
  - Romaine Lettuce - Baby Carrots - Celery Sticks - Sliced Tomatoes
  - Milk offered:**
    - Milk- Skim White
    - Milk- 1%
    - Milk- 1% Chocolate

**14**

- Meat Lasagna w/ Garlic Toast
- Cheese Lasagna w/ Garlic Toast
- PB&J Sandwich w/ Mozzarella string cheese
- Chef Salad w/ Breadstick
- Roasted Carrots
- Blueberries
- Salad Bar:**
  - Romaine Lettuce - Baby Carrots - Broccoli Florets - Cauliflower
  - Milk offered:**
    - Milk- Skim White
    - Milk- 1%
    - Milk- 1% Chocolate

**15**

- Crispito w/ Cheese Sauce
- Sabra Hummus Cup w/ Colby Cheese Stick & Flatbread
- PB&J Sandwich w/ Mozzarella string cheese
- Chef Salad w/ Breadstick
- Seasoned Black Beans
- Banana
- Salad Bar:**
  - Romaine Lettuce - Baby Carrots - Cucumber - Sliced Tomatoes
  - Milk offered:**
    - Milk- Skim White
    - Milk- 1%
    - Milk- 1% Chocolate

**18**

- Pepperoni Pizza
- Sabra Hummus Cup w/ Colby Cheese Stick & Flatbread
- PB&J Sandwich w/ Mozzarella string cheese
- Chef Salad w/ Breadstick
- Corn
- Apples
- Salad Bar:**
  - Romaine Lettuce - Baby Carrots - Sliced Tomatoes - Cucumber
  - Milk offered:**
    - Milk- Skim White
    - Milk- 1%
    - Milk- 1% Chocolate

**19**

- Macaroni & Cheese
- Yogurt Parfait w/ Granola
- PB&J Sandwich w/ Mozzarella string cheese
- Chef Salad w/ Breadstick
- Parmesan roasted broccoli
- Raspberries
- Salad Bar:**
  - Romaine Lettuce - Baby Carrots - Pepper Sticks, Bell - Green Peas
  - Milk offered:**
    - Milk- Skim White
    - Milk- 1%
    - Milk- 1% Chocolate

**20**

- Corndog
- Sabra Hummus Cup w/ Colby Cheese Stick & Flatbread
- PB&J Sandwich w/ Mozzarella string cheese
- Chef Salad w/ Breadstick
- Roasted Cauliflower
- Mandarin Oranges
- Salad Bar:**
  - Romaine Lettuce - Baby Carrots - Radish Pepper Sticks, Bell - Sliced Tomatoes
  - Milk offered:**
    - Milk- Skim White
    - Milk- 1%
    - Milk- 1% Chocolate

**21**

- Chicken Strips w/ Roll
- Yogurt Parfait w/ Granola
- PB&J Sandwich w/ Mozzarella string cheese
- Chef Salad w/ Breadstick
- Mashed Potatoes with Pepper Gravy
- Sliced pears
- Salad Bar:**
  - Romaine Lettuce - Baby Carrots - Pepper Sticks, Bell - Sliced Tomatoes
  - Milk offered:**
    - Milk- Skim White
    - Milk- 1%
    - Milk- 1% Chocolate

**22**

- Chicken Quesadilla
- Cheese Quesadilla
- PB&J Sandwich w/ Mozzarella string cheese
- Chef Salad w/ Breadstick
- Seasoned Pinto Beans
- Strawberries
- House Salsa
- Salad Bar:**
  - Romaine Lettuce - Baby Carrots - Green Peas - Radish
  - Milk offered:**
    - Milk- Skim White
    - Milk- 1%
    - Milk- 1% Chocolate

**25**

- Cheese Pizza
- PB&J Sandwich w/ Mozzarella string cheese
- Yogurt Parfait w/ Granola
- Chef Salad w/ Breadstick
- Parmesan roasted broccoli
- Fresh Sliced Pears
- Salad Bar:**
  - Romaine Lettuce - Baby Carrots - Sliced Tomatoes - Cucumber
  - Milk offered:**
    - Milk- Skim White
    - Milk- 1%
    - Milk- 1% Chocolate

**26**

- Chickenwich or Spicy Chicken Sandwich
- Yogurt Parfait w/ Granola
- PB&J Sandwich w/ Mozzarella string cheese
- Chef Salad w/ Breadstick
- Crinkle Cut Fry
- Sliced peaches
- Salad Bar:**
  - Romaine Lettuce - Baby Carrots - Pepper Sticks, Bell - Sliced Tomatoes
  - Milk offered:**
    - Milk- Skim White
    - Milk- 1%
    - Milk- 1% Chocolate

**27**

- Chickenwich or Spicy Chicken Sandwich
- Yogurt Parfait w/ Granola
- PB&J Sandwich w/ Mozzarella string cheese
- Chef Salad w/ Breadstick
- Crinkle Cut Fry
- Sliced peaches
- Salad Bar:**
  - Romaine Lettuce - Baby Carrots - Pepper Sticks, Bell - Sliced Tomatoes
  - Milk offered:**
    - Milk- Skim White
    - Milk- 1%
    - Milk- 1% Chocolate

**28**

- Chicken Quesadilla
- Cheese Quesadilla
- PB&J Sandwich w/ Mozzarella string cheese
- Chef Salad w/ Breadstick
- Seasoned Pinto Beans
- Strawberries
- House Salsa
- Salad Bar:**
  - Romaine Lettuce - Baby Carrots - Green Peas - Radish
  - Milk offered:**
    - Milk- Skim White
    - Milk- 1%
    - Milk- 1% Chocolate

**29**

- Chicken Quesadilla
- Cheese Quesadilla
- PB&J Sandwich w/ Mozzarella string cheese
- Chef Salad w/ Breadstick
- Seasoned Pinto Beans
- Strawberries
- House Salsa
- Salad Bar:**
  - Romaine Lettuce - Baby Carrots - Green Peas - Radish
  - Milk offered:**
    - Milk- Skim White
    - Milk- 1%
    - Milk- 1% Chocolate



PreK-12



PreK-12



PreK-12

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